

## **The Self-Transcendence of Kindergarten Teachers has been Twisted according to Some Variables**

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### **Research Problem:**

An atmosphere based on dialogue and discussion, and acceptance of opinion and other opinion among teachers, is based on a set of principles and foundations that are valuable, particularly in the formation of a strong and independent personality of the individual, including reliance on the level of self-transcendence and self-confidence, the valuation of freedom and independence, mutual respect, as well as other qualities such as tolerance and freedom of expression in different situations in sound ways and away from all forms of psychological pressure, as well as free expression. For feelings and emotions, whether positive or negative, it is necessary and extremely important to ensure a healthy socialization of children as children learn basic values such as cooperation, solidarity, fair competition and negotiation as a way to resolve disputes and differences and actively participate in decision-making that concerns the lives of individuals (Ayashi, 2008: 313-314),

What distinguishes man as a human being is that he always goes to something outside himself and is open to the world, including individuals who have to confront them and live them with values and ideals that must be elevated, because man lives and lives in values and the human being is not trustworthy unless he lives on the basis of self-transgression (Frankel 1982: 185). There are differences in the level of self-insurmountableness according to scientific qualification?

### **The significance Of Research:**

The level of self-transcendence is the real motivation in our lives, it is not the search for ourselves, but the search for meaning, which means on the one hand forgetting ourselves, overcoming it and transcending it, because man is not a human being unless he transcends himself and rises his humanity beyond it, and that's what made Frankel different from all the other theories who thought that the main motive for human growth is self-realization, not struggle and jihad for what is in himself or what is inside it. But the quest is to transcend this self and Schultz points out Frankel's belief that if we focus on the quest for happiness, we will never achieve happiness, because it does not demand or hold hands, but is automatically achieved by reaching meaning and the level of self-transcendence.

That is, some people who possess (their heart and spirit) have a sense of psychological unity towards creativity and courage, which makes them truly human beings through love, hope, optimism in tragic situations and through worship and work as different ways to satisfy the level of self-transcendence (Wong,2001), it is concerned with selecting topics that are appropriate to human beings and their different possibilities, especially with regard to caring for others, nature or spiritual subjects and high awareness.

Self-Transcendence can be counted as a form of measurement of the level of self-transcendence according to this measurement, the name of which represents the context in which the individual finds himself part of each larger part of it, and individuals with high scores on this dimension are described as spiritual, humble, and loyal, and such characteristics become advanced adaptation elements when one finds himself in a state of suffering, disorder or death, while individuals who obtain low scores of the same dimension understand from The scientific and conscious type self-conscious materialistic and controlling materialistic although these characteristics are required for success in the majority of Western societies, they will be factors of disability in the tolerance and acceptance of suffering and in the case of material and personal losses

(<http://lpsychobiology.wustl.edu>) A study (Noor, 2014) indicated a close relationship between existential anxiety and self-transcendence (Noor,2014:12) and a study indicated (, 2002 Macdonald and Holland) in Romania indicated that people with depression scored much higher than normal people for self-abuse (15:2002 Macdonald and Holland) and a study (2005 Lorenzi et al) in Britain indicated an important association between personality traits and self-abuse in the sample members. In Turkey, students with religious beliefs scored a higher rate of self-abuse than those without religious beliefs.

## **Research Aims:**

### **The current search aims to know:**

- 1- The level of self-transcendence among kindergarten teachers
- 2- Differences in the level of self-insurmountableness among kindergarten teachers according to the variable of scientific qualification (Faculty of Education, Faculty of Basic Education, Open Educational College, Teachers' Institutes, and others), and the duration of service (less than 5 years, 5 to 9 years, 10 to 14 years, 15 years and more)

## **Research Limits:**

The current research is determined by kindergarten teachers in Baghdad province (Directorate General of Education for Baghdad Province for the education of the first, second and third kindergartens) school year 2020-2021

## **Definition the Terms:**

### **Self-Transcendence's level of self-transcendence has been defined by:**

Fromm (1960, Fromm): "A distinctive need for contemporary man to overcome the negative situation as a creature to create, create, taste the arts, work and responsible love" (1960 Fromm), and Maslow (1971, Maslow) defined him as "high, more inclusive and sacred levels of human consciousness, behavior and relationships as ends rather than means of the individual, others, human beings in general and other living species, naturality and the universe" (1917). Maslow (1982, Frankl) defined him as "a human characteristic of going beyond one's own world, opening up to the world and achieving essential meanings by seeking the meaning of life, caring for religious activities, love of beauty, innovation, development, social responsibility towards others and hope" (Frankel, 1982, p. 195).

### **Theoretical framework: self-transcendence**

There were many concepts of self-transcendence, transcendence-self, where there were many forms of Arabization, one time translating into transcendence, another to creation and a third to transcendence (Saleh, 1987, p. 211), and a fourth to transcendence and the latter closer to what the terms of social sciences adopted in the characterization of the doctrine of transcendentalism or the high doctrine of English origin Transcendentalism (Badawi, 1982: 429), and when the term itself is paired to express transcendence or self-transcendence In the psychological investigation interested in religious and spiritual topics, the term spiritual transcendence is contained in allowances close to the significance of the psychological term (self-transcendence), and some personal theories have been examined in such human phenomena as part of the characteristics of the healthy personality and signs of mental health and an element that must be available in the healthy and productive lifestyle, and the need to overcome one of these characteristic psychosocial needs of human existence that has been studied in various forms in philosophical and religious literature.

### **Psychological perspective of the need for self-transcendence**

The need for transcendence or sublimation in particular is one of the characteristic characteristics of the personality of individuals with positive social effectiveness, It is a necessary need for mental health, such as the necessity of physical health exercises (Patridge, 1981:5) and Cloninger (1999) suggests that there are three dimensions or characteristics that must be provided in a healthy personality: self-directedness, tendency to cooperate cooperativeness, and transcendence in particular, individuals with low grades of these dimensions are more likely to be classified as personal disorders. (1999:7, Cloninger)

### **Frankel's Theory of Self-transcendence**

Frankel believes that the characteristic of "self-transcendence" as a characteristic of human existence has been overlooked by the theories of motivation based on the principle of restoring

balance. According to these theories, man is primarily interested in maintaining or seeking to restore a state of internal balance, and that to this end he is interested in reducing tensions, and it is also assumed that reducing tensions at the end of psychological analysis is the goal of achieving incentives and satisfying needs (Frankel, 822). 181) While there were many worse human beings affecting themselves, and proud to be away from pleasure and power, it is only because they found a real meaning to their lives, Frankel believes that such behaviors, and others as well, are not aimed at restoring balance but on the contrary, and it is more useful for us as psychologists to devote most of our attention to such types of behavior, because standing on them is the key to understanding human behavior and human nature (Frankel) 1982 : 181).

## **Research methodology and procedures**

### **First: Research methodology**

In this research, use a descriptive approach based on monitoring and analyzing what exists.

### **Second: The research community**

The current research included kindergarten teachers in the general directorates of education in Baghdad province al-Rasafa (3,2.1) and the number of (1,034) teachers and the number of Riyadh reached (102) kindergartens (by 39) 9) The first al-Rasafa teacher and the number of Riyadh (28) kindergarten and the second al-Rasafa (489) and the number of Riyadh (54) kindergarten and the third al-Rasafa (146) teacher and Riyadh (20) kindergarten

### **Third: induction sample:**

1- Construction sample (statistical analysis)

The current research sample was selected from the indigenous community with a sample of (200) parameters, and a human

Approximately 20%, this sample was selected from the current research community in a simple class random style from the research community.

2- Final application sample: The search was applied to the same building sample of 200 randomly selected parameters.

### **Fourth: Search tool**

Since the current research aims to know the level of self-transcendence in kindergarten teachers, therefore, it required a measure of the available sequometry characteristics to achieve the research objectives.

### **Self-transcendence level scale**

After informing the researchers about many Arab and foreign studies and reviewing the relevant standards in the subject of their research they were unable to obtain an appropriate measure to measure the level of self-insuring in kindergarten teachers because most of the measures that were viewed were their gaps for students and widows and not suitable for the category of kindergarten teachers, so the researchers deliberately built a tool by which to measure the level of self-insurmountably according to the following steps :

### **Measures to build a measure of the level of self-insurmountableness:**

#### **A- Defining the concept of the level of self-transcendence:**

The researchers defined the theoretical definition of the concept of the level of self-transcendence according to Frankel's theory, relying on Frankel's definition of the level of self-transcendence (Frankel, 1982: 130).

#### **B- Determining the dimensions of the scale:**

1- Through the review of previous literature of the level of self-transcendence, the dimensions of the level of self-transcendence were limited to dimensions ( search for the meaning of life, religious interest, aesthetic values, development and innovation, social responsibility towards others, hope).

#### ***The researchers have developed a definition of each dimension:***

1- Searching for the meaning of life: the ability of the teacher to find a goal and purpose for her existence to achieve the highest activity and effectiveness possible for life (Frankel, 1982).

2- Religious interest: includes a set of responses that show the influence of the teacher from a spiritual and religious point of view, such as her relationship with God (Almighty), Frankel, 1982.

3- Aesthetic Values: The teacher prefers everything that is beautiful and desirable from the ocean in which she lives (Frankel, 1982).

4- Development and innovation: this is what the teacher gives to the world or (the institution to which she belongs) achievements of valuable benefit in various fields. (Frankel, 1982).

5- Social responsibility towards others: the teacher's sense of responsibility towards others and adherence to the laws, traditions and systems of the society in which she lives (Frankel, 1982).

6- Hope: A positive feeling that prepares the teacher for a knowledge base that helps her to create a psychological readiness for her. (Frankel, 1982).

### **Drafting the paragraphs of the scale:**

After the level of self-transcendence and the limiting of the dimensions of the scale and the development of general definitions were defined and adopted in the collection and preparation of paragraphs of each of those dimensions so that they are consistent with the definition of dimension taking into account the nature and characteristics of the society to which the scale will be applied and after reviewing the literature and theoretical frameworks of the level of self-transcendence, the researchers formulated (60) paragraphs, and the paragraphs were distributed on the dimensions of the six scale equally i.e. each dimension (10) paragraphs.

### **Response Alternative**

The researchers have developed five alternatives to answer in front of each paragraph, which is (always applies to me, sometimes applies to me, applies to me rarely, never applies to), respectively because it is suitable for kindergarten teachers, as the best pattern for the inclusion of answer alternatives in the measures is the five-tiered gradient (Dulaimi, 1997:241), and these alternatives were given grades (1,2,3,4,5).

### **Reconnaissance app:**

The researchers sought to conduct this application in order to recognize the clarity of the measurement instructions, paragraphs and alternatives, as well as to detect the mysterious and unclear paragraphs of the sample members and try to modify them and calculate the time taken to answer the scale and to achieve this, the researchers applied the scale to a sample of (50) teachers randomly selected from the kindergartens of Baghdad province to raise (the first, second and third grades), and it became clear that all paragraphs and instructions were understandable and clear to the respondents, and that the average approximate time to answer The scale was 15 minutes.

### **Logical analysis of paragraphs:**

Logical analysis of paragraphs is necessary, as it indicates the extent to which the paragraph ostensibly represents the characteristic prepared for its measurement, as well as the fact that the good paragraph in its wording, which is linked to the feature, contributes to the lifting of its discriminatory power and its sincerity factors (Ghisel et al., 1981:427).

The researchers therefore presented the scale in its initial form of (60) paragraphs with the definition of the level of self-insurmountability and definition of each dimension of its dimensions and alternatives to answer and instructions on a group of experts and specialists in education and kindergartens (supplement/3) and asked them to express their opinions in the validity of its formulation and clarity The percentage was adopted as the Euphrates was accepted, which amounted to 80% and more, and thus deleted (6) paragraphs per paragraph after

one paragraph to make the total paragraphs (54) paragraphs, knowing that the researchers put instructions to answer the paragraphs of the scale.

## **Statistical analysis of scale paragraphs**

*To carry out the statistical analysis, the researchers carried out the following procedures:*

### **1. Calculating the discriminatory power of each paragraph**

Discrimination Power is the ability of the paragraph to distinguish between individuals who have received a high-test score and those who have received a low score (Stang&Wrightsmann, 1982, p.51), using two opposing contrasting criterion groups by measuring their response ratios per paragraph.

After applying the tool and correcting the answers, the grades of the forms were ranked downwards from the highest to the lowest, and the ratio (27%) was 27%. The best percentage to determine the number of members of the upper and lower groups in large samples with natural distribution, according to Kelley1939 (Anastasi), 1976, p,208, after using the t-test for two separate samples to test the statistical differences between the average grades of the upper and lower groups of each of the 54 scale paragraphs, with T-values ranging from (7,752) to (12,091) the highest value and the calculated T value being an indicator of paragraph discrimination, it became clear that all The paragraphs are characteristic at the level of significance (05,0) and the degree of freedom (198).

### **2- Calculating the correlation of the degree of each paragraph to the overall degree of the scale:**

To calculate the paragraph grade relationship with the overall scale, the Pearson correlation coefficient used each paragraph of the scale and the overall score of (200) forms and it appeared that the correlation transactions for all paragraphs ranged from (0,362 to 0,705), thus showing that all correlation transactions were statistically significant at the level (0.05) and the degree of freedom (198).

### **3- The relationship of the degree of the paragraph to the degree of the domain:**

Pearson's correlation factor was calculated between scale grades and each of its six constituent dimensions. It became clear from the calculation of correlation transactions for all paragraphs of the fields that they are statistically significant, as the correlation transactions ranged from (0,506 to 0,811), indicating the sincerity of their construction and their validity to measure the level of self-insurmountability.

### **4- The correlation of areas of the self-transcendence scale with each other**

To calculate the correlation of areas of the self-insurmountable scale with each other, Pearson's correlation coefficient was used to show that magazines were linked to each other, with correlation coefficients ranging from 0,504 to 0,691.

Scale sequometry properties: Psychometric Features of the Scale

***A- The sincerity of the scale: two types of honesty have been found for the current scale:***

### **1- Virtual Honesty: Face Validity**

This type of honesty has been achieved by presenting the scale to a group of experts in education, psychology, psychological measurement and kindergartens to judge the validity of the scale (supplement /3) and thus have achieved this kind of honesty.

An indicator of the sincerity of the construction of the current scale was obtained through (discriminatory force, paragraph grade relationship with the overall degree of scale and paragraph relationship to domain degree). The relationship of the fields to each other.

### **1- Stability of the scale:**

*To achieve this, the researchers adopted two methods:*

#### **A. Retest Test- Retest:**

The researchers applied the test and reapplied it to a sample of (50) parameters selected in a random manner and at a interval of fifteen days and used the Pearson link coefficient to extract the link between grades in the two applications where it reached (0,790), which means that the current measure is good and enjoys an acceptable degree of stability over time, as stability is good if the value of the link factor between the first and second applications is more than (0.5). (Al-Isawi, 1985:58).

by. Alfa Coefficient Internal Consist and stability calculation in this way were used as the Facronbach equation and the Alpha Kronbach stabilization coefficient (0.763).

### **The final version of the self-transcendence level scale:**

The measure of the level of self-insurmountability in its final form has become applicable as described in (Supplement / 4), which is of (54) paragraphs, and calculates the overall degree of the respondent by collecting the grades obtained by each paragraph of the scale and thus the highest score obtained by the respondent is (270) degree and the lowest degree (54) degree and the hypothetical medium (162) degrees.

Statistical means have been used to achieve the objectives of the research: (Pearson link coefficient, macronbach, t-test of two separate samples, the next test of one sample, the analysis of bilateral variability)

View and discuss results:

The findings of the research will be presented, discussed with the results of previous studies and interpreted in the light of the theoretical framework.



The first goal - know the level of self-transcendence among kindergarten teachers:

To verify the current target, use the T-test for a single sample to determine the difference between the average sample score and the hypothetical average scale where the results were as shown in table 1.

**Table (1)**

*The results of the t-test to determine the significance of the difference between the mean scores of the sample and the hypothetical mean of the scale*

Indication level 0.05	T value		degree of freedom	hypothetical mean	standard deviation	SMA	Sample volume	variable
	tabular	calculated						
D	1,96	51,742	199	162	21,672	241,295	200	self-transcendence

The t-table value at the indication level (0.05) and the degree of freedom (199) is equal to (1.96)

Table 1 shows that the calculated T value of (51,742) is greater than the T-value of 1.96, which means that there are statistically significant differences between the average score of kindergarten teachers and the hypothetical average self-overrun scale and this difference in favor of the average sample grades, which means that kindergarten teachers are characterized by self-transcendence and this result was agreed by the study of both (portfolio) ,2016) and study (, 2002 Macdonald and Holland) and kaasinen et al, 2005).

Frankel points out that man is the only being who suffers from life as suffering is part of human existence as long as it is on earth, and Frankel has divided in his theory suffering into two types: positive suffering, which drives reconstruction and work, and negative suffering that wants to stop life.

**Goal 2:** You know the significance of the differences in self-transcendence among kindergarten teachers according to the variables of scientific qualification and years of service:

To verify the current target, calculation averages and standard deviations were calculated as the results as shown in table (2)

**Table (2)**

**Arithmetic averages and standard deviations for the variables of scientific qualification and academic achievement**

standard deviation	SMA	the number	Qualification
22,676	239,547	84	Institute
21,694	242,831	95	Bachelor
17,427	241,333	21	high
standard deviation	SMA	the number	Years of service
17,448	243,720	50	
19,533	243,636	44	less than (5)
24,130	239,179	106	from 6-10

To identify the significance of differences according to the variables of scientific qualification and years of service, use the analysis of the binary variance interactively where the results as shown in table (3)

**Table (3)**

***Results of analysis of bilateral variability interactively according to the variables of scientific qualification and years of service***

level indication	Calculated interest value	averages squares	degree of freedom	sum of squares	Contrast source
0.05					

not significant	0,839	395,442	2	790,885	Years of service
not significant	0,278	130,980	2	261,960	Qualification
not significant	1,153	543,326	4	2173,303	Years of Service x Academic Qualification
			191	90028,594	The error
			200	11738129	total summation

The scheduled value at the indicative level (0.05) and the freedom (2—191) is equal to (3.04) and at the indicative level (0.05) and two degrees of freedom (4-191) equal to (2.42)

It is pumped from table (3) that the calculated p.i. value of the variable interaction between the variable years of service and scientific qualification in self-transcendence is lower than the scheduled ph value that the years of service at different levels and scientific qualification at different levels have no effect on the level of self-insurmountability in kindergarten teachers.

### Recommendations:

- 1- Use the self-overrun level scale to diagnose its presence in parameters
- 2- Directing the Ministry of Higher Education universities to continue to provide psychological, social and educational support to teachers, in order to ensure the development of their level of self-abuse and vulnerability

### propositions:

- 1- Conducting a similar study dealing with the level of self-transcendence and its relationship to the self-aware subsume
- 2- Conducting a comparative study between primary school and kindergarten teachers at the level of self-transcendence

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