

Comparison between 64 Slice CT Scanner and a 256 Slice CT scanner in the Diagnosis of Diaphragmatic Hernia Following Blunt Trauma: a Retrospective Study

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Abstract

Aim: To compare between 64 slice CT scanner and a 256 slice CT scanner in the diagnosis of Diaphragmatic Hernia following Blunt Trauma

Study design: A retrospective comparative study

Place and Duration: This study was conducted at, Bolan Medical Complex Hospital Quetta Pakistan. from March 2020 to March 2021.

Methodology: All the enrolled patients were divided into two groups and preoperatively evaluated with 256 CT scanners and 64 slices CT scanners. Electronic medical records were used for taking information related to demographics, characteristics of injury, and outcomes. The presence or absence of traumatic diaphragm injuries was confirmed after reviewing the operative reports.

Results: Regarding preoperative CT scan, we observed that 61.6% of cases were already detected with CT scan before operative visualization. No significant difference was observed in terms of injury length between the two groups. We observed that only 77 (47.1%) of cases were accurately diagnosed with diaphragmatic injury before operative visualization.

Conclusion: Our results concluded that intraoperative diagnosis of traumatic diaphragm injuries is the golden standard for suspected cases of TDI because almost 40% of injuries were not diagnosed preoperatively even with the high-resolution CT.

Keywords: Computed Tomography, diaphragm injury, blunt injury, high-resolution CT

Introduction:

Traumatic diaphragmatic injury is rarely encountered in many regions however it became destructive if not diagnosed accurately. Approximately 3% to 8% of cases of the traumatic diaphragm result from blunt trauma¹. Approximately 12% to 63% of cases are misdiagnosed on computed tomography². Missed diagnosis at the time of admission is detected when symptoms related to visceral herniation and strangulation are present in patients, however, a 10% mortality ratio has been observed in misdiagnosed patients¹. The shortage of reliable imaging techniques persuades physicians to recommend operative visualization in suspected cases of traumatic diaphragm injury³⁻⁶. On contrary, these operative visualizations are highly sensitive. Approximately 60% to 80% of cases of negative diaphragm injury underwent operative visualization⁷⁻⁹. There is a high need for cost-effective technology which reduces the risk of unnecessary operations and reduced the mortality ratio. After the injury, CT imaging and plain film are widely used as a radiological assessment. In recent years CT imaging gave poor results in detecting the presence of diaphragm injuries. Many studies reported 14% to 61% sensitivity of CT scans¹⁰⁻¹³. Moreover, these studies reported low diagnostic sensitivity using 4 slices to 32 slice scanners.^{12, 14-19} However, 64 slice CT scanner shows better diagnosing sensitivity in many diseases but still results related to traumatic diaphragm injuries are very poor.²⁰⁻²² In recent years very limited data has been produced to evaluate the diagnostic accuracy of 256 slices CT scanners in TDI. This advanced technology shows improvement in imaging for the detection of coronary CT angiography due to high resolution and superior image quality.^{23, 24} Our study was designed to detect the presence of traumatic diaphragm injuries by using a 64 slice CT scanner and a 256 slice CT scanner. We aimed to target only blunt traumas and evaluate the diagnostic accuracy and sensitivity of both scanners.

Methodology:

This retrospective study was conducted at Bolan Medical Complex Hospital Quetta Pakistan from March 2020 to March 2021 with the collaboration of the trauma department. Permission was taken from the ethical review committee of the institute. All the patients having a traumatic injury and requiring exploratory laparotomy or laparoscopy were recruited. On presentation of trauma, all the patients underwent the evaluation process described by Advanced Trauma Life Support guidelines. In 2019, our hospital upgraded its CT equipment replacing the 64 slice CT scanner. Instead of the old technology, they installed 256 slices of CT scan. All the enrolled patients were divided into two groups and preoperatively evaluated with 256 CT scanners and 64 slices CT scanners. Electronic medical records were used for taking information related to

demographics, characteristics of injury, and outcomes. The presence or absence of traumatic diaphragm injuries were confirmed after reviewing the operative reports. We used the American Association for the Surgery of Trauma injury scale for grading the diaphragmatic trauma.²⁵ The scaling was allocated after evaluation of operative reports given by attending surgeons. In case of missing record of injury length then we graded single deep wound as grade 2 and multiple deep wounds as grade 3. Patients aged >16 years were excluded from the study.

CT imaging obtained at the time of injury was used for preoperative diagnosis of traumatic diaphragm cases. Those reports with an interpretation of —possible or —suggestive or —unable to exclude or identified diaphragmatic injuries were considered as positive diagnoses. However, the examination was identified as negative for the diaphragm if no injury was identified in the reports.

Statistical analysis was performed by using SPSS version 23.0. Median interquartile range and frequency were used for the interpretation of the results. Univariate analysis and Pearson correlation were used for comparing categorical variables. We set a p-value < 0.05 for a statistically significant difference.

Results:

In mentioned timeframe, we observed 900 cases who underwent abdominal surgery with preoperative CT scan. Out of these, we observed a total of 297 cases of diaphragm injuries. Only 120 cases of blunt diaphragmatic injury were reported and included for further analysis. The mean age of patients was observed as 6.5 (3-13 years) in 64 slice CT scanner while in the second group the mean age was reported as 5 years ranging from 2 years to 14 years. The majority were male population (94/120). A total of 103 patients reported hemothorax while 51 reported associated splenic injury. In the group evaluated with 64 slice CT scanner, the severity score of injury was observed as 24. However, no significant differences in use were observed between the two groups in terms of age, gender, associated injuries, and injury severity score (As shown in Table 1). The majority of the patients had an injury to the left hemidiaphragm (57.5%). The 64-slice scanner observed 54.6% cases of left hemidiaphragm while 69.6% cases were detected by using a 256 slice scanner. However, no significant difference was observed between the two groups. Total 61.6% of patients had grade 3 injuries. Regarding preoperative CT scan, we observed that 61.6% were already detected with CT before operative visualization. No significant difference was observed in terms of injury length between the two groups (As shown in Table 2). We observed that only 77 (47.1%) were accurately diagnosed with diaphragmatic injury before operative visualization. The 256- slice scanner accurately observed 56.5% of injuries while 45.5% of injuries were accurately diagnosed with 64 slice scanners (As shown in Table 3). However, no significant difference was observed (p=0.36). We observed a significant increase in the ratio of false-positive diagnoses with a 256 slice scanner. On the other side, we observed improved sensitivity and negative predictive value while declined in specificity and

positive predictive value was observed in group evaluated with 256- slice scanner (As shown in Table 3 and 4).

Table 1: Demographic and CT patterns of diaphragm injury²⁵

Variables	64-slice CT (N= 97)	256-slice CT (N=23)	P-value
Age (years)	6.5 (3-16)	5.0 (2-14)	0.64
Gender			0.34
Female	28 (28.8%)	3 (13%)	
Male	74 (76.2%)	20 (87%)	
Associated injury			
Splenic	42 (43.2%)	9 (39.1%)	0.55
Hemothorax	86 (88.6%)	17 (73.9%)	0.53
Pancreatic	6 (6.1%)	2 (8.7%)	0.43
Traumatic brain injury	8 (8.2%)	2 (8.7%)	0.67
Colon	20 (20.6%)	4 (17.4%)	0.83
Liver	74 (76.2%)	12 (52.2%)	0.64
Small bowel	14 (14.4%)	1 (4.3%)	0.33
Renal	8 (8.2%)	4 (17.4%)	0.069
Gastric	20 (20.6%)	4 (17.4%)	0.83
Severity score of injury	24.0 (14.0-34.0)	23.0 (16.5-41.0)	0.59

Table 2: Preoperative CT imaging

Variables	64-slice CT (N=97)	256- slice CT (N=23)	p-value
Laterality of Diaphragm injury			0.43
Bilateral	2 (2%)	0 (0%)	
Right	42 (43.2%)	7 (30.43%)	
Left	53 (54.6%)	16 (69.6%)	
Injury length (cm)	4.0 (2.0-10.0)	5.5 (2.0-8.8)	0.87
Delay in diagnosis	4 (4.12%)	2 (8.7)	0.21
Visceral herniation with initial diagnosis	23 (23.7%)	6 (26.1)	0.36
Diagnosis with X-ray	9 (9.27%)	0	0.19
Visceral herniation with delay in diagnosis	2 (2.06%)	0	0.55
Injury grade			0.65
5	0	0	
4	20 (20.7%)	2 (8.7)	
3	55 (56.7%)	19 (82.6)	
2	18 (18.5%)	0	
1	4 (4.1%)	0	
Diagnosis with preoperative CT	61 (62.8%)	13 (56.5%)	0.36

Table 3: Identification of blunt trauma injuries²⁵

	True-positive N (%)	False-positive N (%)	True-negative N (%)	False-negative N (%)
256 slice CT (N=23)	1 (4.3)	2 (8.6)	20 (86.9)	0 (0)
64 slice CT (N=97)	4 (4.12)	1(1.03)	88 (90.7)	3 (3)
P- value	0.98	0.001	0.17	0.53

Table 4: Comparative analysis of accuracy, sensitivity, and specificity ratio²⁵

	Accuracy	Sensitivity	Specificity	NPV	PPV
256 slice CT	91.3%	71.4%	92.8%	97.8%	41.7%
64 slice CT	95.6%	60.9%	98.5%	96.8%	77.8%

Discussion:

In this study, we observed that the 256 slice CT scanner failed to improve the diagnostic sensitivity over the 64-slice. On the other hand, 256-slice CT imaging did not provide a significant negative predictive value compared to 64-slice scans. The need for operative visualization remained constant even after the CT imaging in the evaluation of traumatic diaphragm injury. Furthermore, increased false predictive value has been observed in 256 slice scans along with a significant decline in specificity and positive predictive value. On contrary, the diagnostic accuracy of both scanners remained similar. Overall, the new technology of 256 slides CT does not have much ability to rule out the possibility of suspected diaphragm injury.

For this study, we hypothesized that diagnostic yield would be increased with 256 slice imaging. We hypothesized that we would attain high image quality by using 256 slices of CT as researchers obtained high-quality imaging in coronary artery angiography. However, we also obtained low sensitivity of 71.4%. Our results are comparable with the previous studies which obtained 17% to 67% injury detection sensitivity.^{12, 22, 26, 27} We observed that 256 scanners provide better outcomes of blunt injuries when compared with the 64 scanners. We observed

several signs to describe TDI including the collar, dependent viscera, and discontinuous diaphragm signs, dangling diaphragm, irregular diaphragm thickness, and diaphragmatic retraction.²⁸ However, we failed to diagnose focal diaphragm disruptions due to low sensitivity.

Interestingly, on the installation of 256 slices of CT, we observed a high ratio of false-positive diagnosis responses. The high-resolution technology assisted us in the visualization of diaphragm thickness which was not observed previously and treated as a potential injury. Even though the low predictive value of high-resolution technology has not prevented the need for operative exploration for the confirmation of injury type or presence.

In the United States of America majority of the traumatic diaphragm, cases are reported due to penetrating injury²⁹ however these results are in contradiction to our results. Out of all abdominal injuries, the rate of blunt cases was higher than penetrate injuries (66% vs 32%). The majority of the wounds cause small lacerations in the diaphragm which were unable to detect by radiographs. Previous studies reported that radiograph imaging has low sensitivity (8% to 63%) which causes problems in identification.^{7, 16, 25, 26} In our study, we observed 50% sensitivity of 256 slice CT with an overall low detection rate of diaphragm herniation. Past studies reported the successful outcomes of tractography in diagnoses of penetrating trauma.^{14, 17, 20} However, we avoid cases of penetrating trauma so unable to validate this point of discussion. With the help of 256 slices of CT, we demonstrated the injury tract which may contribute to diagnostic accuracy. During the duration of trauma intact and surgery timeframe, we did not observe any significant improvement in diagnosing accuracy among all patients.

In past, some studies observed 76% to 100% improved diagnostic sensitivity but these studies were based on retrospective imaging review and need interpretation according to associated diagnostic review bias.¹⁴⁻²¹ A study by Leung et al²⁶ reviewed the prospective imaging retrospectively and observed that 75% of injuries were missed prospectively which were identified in a retrospective review. However, these studies' which observed improved diagnostic sensitivity of CT must be weighed with the potential that increased suspicion for injury may increase the detection rate.

Conclusion:

Our results concluded that intraoperative diagnosis of traumatic diaphragm injuries is the golden standard for suspected cases of TDI because almost 40% of injuries were not diagnosed preoperatively even with the high-resolution CT. Currently, the CT scan abdomen has low sensitivity and is unable to overcome the issue of misdiagnosis and complications.

Conflict of interest

None

Funding source

None

Permission

The Permission was taken from the ethical review committee of the institute

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