

Analysis of the Contribution of Indian Flora in the Treatment of Covid-19

Birendra Kumar Yadav

ASSISTANT PROF. D.P.R.D COLLEGE SIWAN

HEAD OF DEPT. OF BOTANY

EMAIL ID:- birendray399@gmail.com

Abstract

Only the ancient Indian medical system and eco-friendly life can save the world from corona. There is a description of it in ancient Indian scriptures. The modern allopathic system of medicine is still helpless.

Key words:covid-19, charak, ginger, turmeric, antibiotic, research, virus.

Introduction:The scientific evidence of the historical question of creation is a testimony to the fact that from time to time there was a world epidemic which has simmered in the pages of history today. The beginning of the Covid-19 epidemic in contemporary times begins at the Meat Market in the city of Wuhan in the Chinese country of the Asia continent. The Infectious Disease Research Center of China is located in the Wuhan Steel Township. According to the world community, it is being said that Chinese scientists at the Infection Disease Research Center were trying to create an artificial virus that would later become part of China's biological weapon. But during virus processing itself, out of control happened for unknown reasons which proved to be suicidal for China. Slowly till now, the whole world has taken its grip. In which countries like Italy, Brazil, Spain, America, India are getting more casualties. This disease of social untouchability is completely successful in breaking the human immune system. Even before Covid-19, there have been three major diseases in the modern world of knowledge, in 1720, a plague occurred in the city of Maslon, France, which was dominant in the world for the next two hundred years, in which millions of humans lost their lives.

Cholera came in 1820, especially in Gulf countries, which affected India by 1890. Its effectiveness also lasted for nearly 200 years. Influenza flu came from Spain in Europe in 1916–18. Its frequency remained at a peak for almost 3 years, it also engulfed the world. Around 7.5 million population of the world became imaginary. Nearly one crore 83 lakh humans died in India. The growth of population was recorded as minuscule. Special related is Influenza's younger brother Covid-19 or Corona. Apart from this, small epidemics like T.B epidemic, Ebola fever, smallpox, SARS, flu, NH1, NH2 flu etc. keep on coming. Over time all these historical facts have become. As we know, penicillin was invented by Alexander Fleming in 1928. It became a boon for human security, but in the first 20 months of 1928, no sharpened weapon was available to fight the killings. As far as human civilization is fighting today from Covid-19, in its English medical system, the vaccine is still in trial. May this trial be made successful by the grace of God and the world will get relief. Thousands of years old by allopathic medicine system, whose foundation is known as Ayurvedic medicine system

laid by Ashwani Kumar, almost thousands of years old from today. Legitimate Banabhatta, Valid Charaka, Valid Suptu are the precious jewels of this system of medicine, who merged the Ayurvedic herb botany system. Some specific herbs are being used in the treatment of Covid-19, which are being described in the research paper presented.

Purpose of Research: Treatment of Covid-19 is found in some more medicinal plants and spices found in our surroundings by the Indian system of medicine. The main objective of the research journal presented is to highlight this fact on the world stage. Simultaneously, an attempt has been made to show that allopathic medical practice diagnoses the disease, while Ayurvedic medical practice is able to diagnose the cause of the disease.

Research hypothesis:

1. There is some distinct flora in treating Covid-19.
2. Covid-19, a vaccine made in the European medical system, has some side effects on the human body and is not fully capable.
3. Maintaining the physical and social distance of a human being is the greatest cure.
4. The corona or Covid-19 virus is an RNA Molecules that can only grow and expand in the human body.

Importance of research: The research presented in contemporary times has been prepared on the basis of news found in various journals, dailies. It has been practically prepared on the basis of the effects on the human body during eating and drinking. No type of experiment and survey of any kind has been done before writing the research paper.

Research Analysis: As far as the contribution of Indian flora in the treatment of Corona is concerned, some specific hot spices, common spices, medicinal plants are effective. We are presenting all these flora and fruit flowers in turn.

1. **Ginger:** Ginger is one of the major spices of our food. It belongs to Family - Zingiberaceae. Its scientific name is Zingiberofficinale. In this way, we have been using ginger in all the dishes like vegetable, tea, pulses etc. already. But in the treatment of corona, we use ginger in decoction. Ginger is believed to be very important in increasing immunity to disease.
2. **Black Pepper:** Black pepper has been used in Ayurveda since a very old time. In cold cough, black pepper especially in black cough works like a panacea. Black pepper belongs to the family piperaceace and piper migrum. Its Botanical name is Piper nigrum. In corona treatment, by putting it in black or keeping it in the mouth for a long time, it gives a lot of relief by sucking slowly.
3. **Turmeric:** Turmeric is a famous family- Zingiberaceae. Turmeric is used extensively in Covid-19 by adding it to milk. Turmeric has no answer in refining the blood. The botanical name of turmeric is Curcuma longa.
4. **Amla:** Vitamin C rich Amla is playing a leading role in the treatment of Covid-19. Amla can also be consumed well without consulting doctors. Use it in any form will

only give benefits. The botanical name of this is *Phyllanthus indica*. Amla is a medicinal plant of the family *phyllanthaceae*.

5. **Giloy:** The medicinal plant named Giloy has penetrated deep into Eastern Ayurveda from Corona. It is a very important plant in Ayurveda medicine. The botanical name of this is *Tinosporacordifolia*. It belongs to the family *menispermaceae*. It is also commonly called gurgo and guduchi in colloquial language. In Corona it is used as a tablet saver mark. Apart from this, its leaves and stalks are also being used well.
6. **Lemon:** Lemon is an important plant of genus *citrus*. Besides, orange, grapes, pomelos and limes are the major plants. Mainly related to South Asia, East Asia, Malaysia and Australia. In view of its rich properties, scientists have also prepared a lot of hybrids from Ancestral species. Here we have to know about its properties, not the varieties of citrus. It is said that by putting lemon juice in hot water, the corona virus dies near the throat. They do not reach down to our lungs. However, the price of lemon has increased in the market of these beliefs.
7. **Tulsi:** Along with medicinal value, we can plant Tulsi of religious importance. No matter what kind of decoction it is, there is definitely basil in it. Tulsi order- *lamiala* belongs to the family *Lamiaceae* and Genus *Ocimum*. Its botanical name is *Ocimumtinniflorum*. Chewing a few basil leaves while leaving the house during the Corona period does not cause the corona to crack around the throat.
8. **Cinnamon:** The importance of cinnamon has also increased very significantly during the Corona period. In addition to the above mentioned major spices and flora that have the power to fight the corona, lemon can also be treated with seasonal and pineapple juice. The point is that the alkalinity of the corona is 8. If a juice containing more than 8 or more acidic acid is added over Corona, its RNA is broken such as seasonal -9.4 lemon-8.5, fruit with a pineapple-13 concentration. In addition, it is beneficial, besides chewing with rock salt and chilli long, corona erosion occurs.

In addition to the above mentioned major spices and flora, corona can be avoided with alcohol and sanitizer. In which the alcohol content should be above 70% while 40 to 50% of the sanitizers are available in the market. Which is not effective. The treatment of corona is to wash your hands thoroughly with soap or hand habitat and water. Maintain at least 2 yards from each other or from people. Through a daily letter on 8 October 2020, we came to know that a student of IIT has made an Ayurvedic dose of Corona in which licking equal amount of honey pepper powder and ginger juice has been seen to end corona.

This Indian dose of new charge has been recognized by the World Health Organization (WHO) for the treatment of corona. It is a matter of pride for Indian.

Conclusion: In India a proverb especially prevalent in the region of Magadha is "Dhindora in the city of the child in the lap"

Talk about this, there is almost no treatment. Corona medicine is present in our kitchen and we are waiting for PK. The treatment of corona is present in our body - for example, doing yoga, especially the opposite of inverse, yogasanas like *KapalBhati* play an effective role in increasing the body's resistance.

Thus we see that eco-friendly method is the cure of Corona. While modern organism invites corona.

References:

1. Dr. Naveen Nandal, Ms. Nisha Nandal, Dr. Kirti Mankotia, Ms. Neetu Jora. (2021). Investigating Digital Transactions in the Interest of a Sustainable Economy. International Journal of Modern Agriculture, 10(1), 1150 - 1162.
2. Health Organization (WHO).
3. Contemporary daily, monthly and yearly magazine magazines
4. Charaka Samhita