

Nipah _ An Emerging Viral Zoonotic Disease: A Review

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Abstract

Nipah virus (Niv) is considered a high risk pathogen with zoonotic potential. Appearing zoonotic illnesses have possibly severe human health and economic effects. NiV can be a cause to different illnesses. For example, it can cause benign to serious encephalitis. It could also be a reason for fatal illnesses when infecting the humans' and animals' respiratory systems. Bats or domestic animals can transmit NiV to humans and can be transmitted among people. Here, we will review highlight some of the high-impact emerging Nipah disease, structure and zoonotic transmission of NiV, pathogenesis and clinical symptoms, then prevention and control. A preferable knowledge of the causes of spillover events, the strengthening follow-up systems to deter outbreaks is needed to reduce the NiV vulnerability .

Keywords : *Emerging , zoonotic disease , outbreaks*

Introduction

Of emerging infectious diseases treated to be developing, nearly 75% can be zoonotic ^(1,2), it is indicated that they could be naturally diffused between vertebrate animals and humans ^(3,4). A developing zoonosis known as 'a zoonosis' that is newly detected or freshly developed, or that has took place previously. However, it entails an increasing incidence or extension in the path range or in the geography of the host ⁽⁵⁾. Current and reappearing zoonoses have arisen over the last three decades, in part because of humans' rising dependency on animals and their goods, as well as our intimate interaction with domestic animals. As a result, zoonoses should be regarded as the single most important risk factor for human health and well-being when it comes to contagious diseases. ^(6,7). In 1998, in Malaysia, handlers of pigs have critically contracted an epidemic of acute encephalitis. From this incidence, NiV was discovered as a novel paramyxovirus ⁽⁸⁾. In Malaysia and Singapore, NiV endangered the lives of 105 people and the skinning of over 1 million pigs between September 1998 and April 1999. ⁽⁹⁾. After Kampung Sungai Nipah, this virus was given the name NiV where the first viral isolates were obtained^(10,11). In Bangladesh, in 2001 to 2005, it caused five consecutive outbreaks ⁽¹²⁾. NiV is an emerging zoonotic, highly pathogenic because of its high

fatality among people and the lack of adequate vaccination or medications. It is considered a high human risk select agent ⁽¹³⁾. The cooperative worldwide efforts, like “One-Human-Environmental-Animal Health” is necessary to decrease the international vulnerability of zoonotic disease⁽¹⁴⁾.

Nipah Virus

From an encephalitis patient, the University of Malayas virologists have extracted a virus from cerebrospinal fluid from people who were patients, in early March 1999 ⁽¹⁵⁾. The newly discovered paramyxovirus was NiV belonging to a distinct genus known as Henipavirus in the Paramyxoviridae species (Order: Mononegavirales, subfamily Paramyxovirinae). In 1994, in Australia, the first genus associate appeared as Hendra virus in the Paramyxoviridae types and NiV was the second in the Henipavirus genus. It was discovered in Australia when there was an analysis on a fatal horse epidemic in 1994. HeV is the species prototype of this virus.

In 2002, the International Committee for Virus Taxonomy (ICTV) acknowledged the developed novel Henipa virus genus. ⁽¹⁶⁻¹⁷⁾. However, there is a slight difference between the Malaysian NiV strain (NiV-MY) and the Bangladeshi strain (NiV-BD). The NiV-MY strain was most likely to blame for the epidemic in the Philippines. These two strains are two main genetic lineages of NiVs and are possible causes for some human diseases. ⁽¹⁸⁻²⁰⁾.

Henipaviruses have quite a non-segmented negative-stranded RNA genome. This genome consists of helical nucleocapsids. It is coated in an envelope creating viruses of difference particles such as spherical, filamentous and pleomorphic of (401900) nm. The genomes of HeV and NiV are much bigger than most paramyxo viruses ⁽²¹⁾. There are six genes in NiV that encode fusion protein, matrix protein, polymerase protein, glycoprotein, phosphoprotein and nucleocapsid. Like paramyxovirus, Niv does not have hemagglutinin and neuraminidase proteins. Unlike other paramyxoviruses, it has cytoplasmic inclusions closely related to endoplasmic reticulum. Niv is average larger than other paramyxoviruses ⁽²²⁻²⁵⁾ (Fig.1).

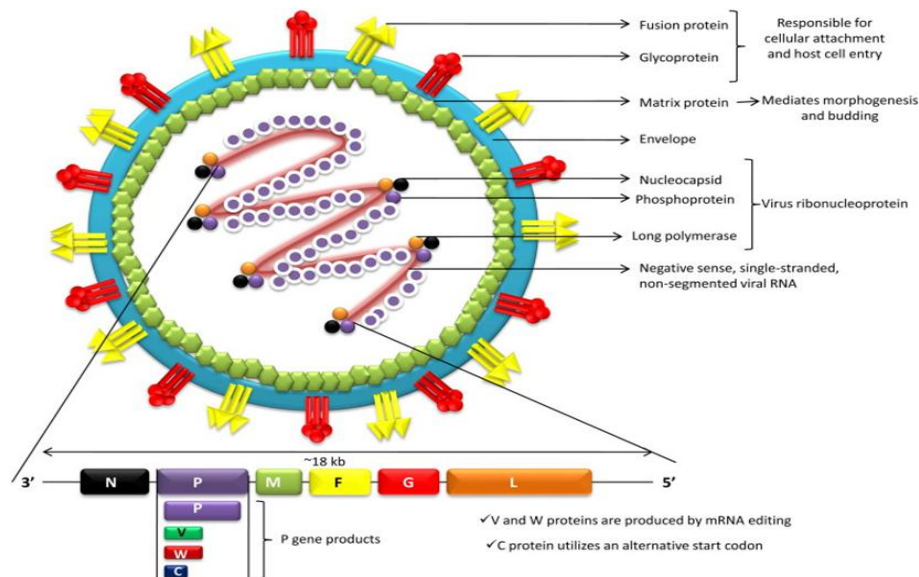


Fig. 1. Components of Nipah virus ⁽²⁶⁾.

Reservoirs

The most natural reservoir for Nipah viruses are fruit bats called old-world fruit bats or Flying Foxes. They belong to *Pteropodidae* family. Bats carrying this virus were with Asymptomatic. There is some evidence the female bats, which are in the states of pregnancy and lactation, are more susceptible to infection ⁽²⁷⁻²⁹⁾. Pigs play a midway role as hosts between bats and humans spreading this disease to other domesticated animals like horse, goats, sheep [not confirmed it is in controversial], cat and dogs. Niv infects different creatures such as guinea pigs, African green monkeys, ferrets and hamsters. It is highly contagious in pigs and cause different diseases such as encephalitic syndrome, barking pig syndrome and porcine in the respiratory and neurologic syndrome ^(30,31).

Modes of Transmission

Zoonotic transmission of NiV happen primarily in two mechanisms-spillover. The first is from Flying Foxes via a temporary host. It can also transmit directly to huamns from bats. This transmission is mostly caused by close contact with cattle with NiV. It is also caused by contacting reservoir animals, and tainted food ingestions ^(32,33). It was found that infected pigs were the main cause to infect humans when NiV out broke in Malaysia and Singapore, (92 percent) ⁽³⁴⁾. NiV infection in pigs and humans most likely happened via the respiratory system. ⁽³⁵⁾. Another way NiV is spread is by direct and extended contact with contaminated pig tissue ⁽³⁶⁾. During the Malaysian outbreaks, NiV was isolated from urinary and respiratory samples of contaminated individuals, indicating the risk of human transmission ⁽³⁷⁾. dna hsedalгнаB nl

Indian outbreaks, there were evidences that NiV transmits among humans ⁽³⁸⁾. Figure 2 shows the cycle of how NiV transmits from natural reservoir such as bats to people.

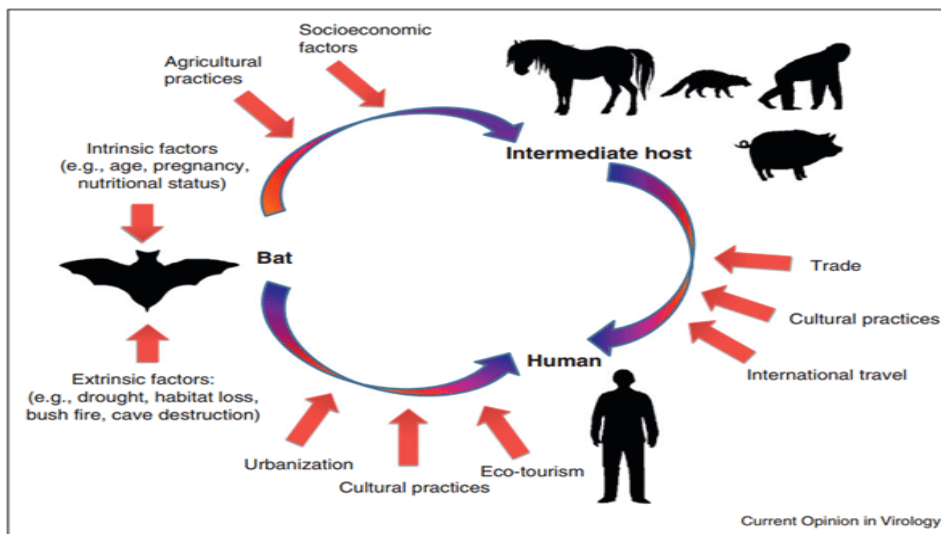


Fig. 2. Schematic representation of how NiV transmits.

Pathogenesis of the Disease

The virus reaches the host through the oro-nasal path and infects it. Replication stage in human can be performed in the bronchiole epithelial cells⁽³⁹⁾. Significant inflammatory mediators emerge as soon as there is an infection in small airway epithelium⁽⁴⁰⁾. At a later stage, the virus penetrates the lung endothelial cells and multiplies in them notianimessid suriv dipaR . metsys suovren lartnec eht sretne suriv eht ,severen lainarc hguorhT .noticefni cimetsys gntiluser SNC)) and can be found in CSF samples ^(41,42). During infection, two mechanisms are required in the virus enters CNS, one hematogenous and one anterograde by olfactory nerves . The central nervous system and respiratory system (62%) are also seriously impaired, while the cardiac, renal, and splenic systems are unaffected. In NiV-infected patients, multinucleated giant endothelial cells were found in the brain along with other organ biopsy samples ^(43,44). In figure 3, a diagrammatic depiction of NiV pathogenesis was also provided.

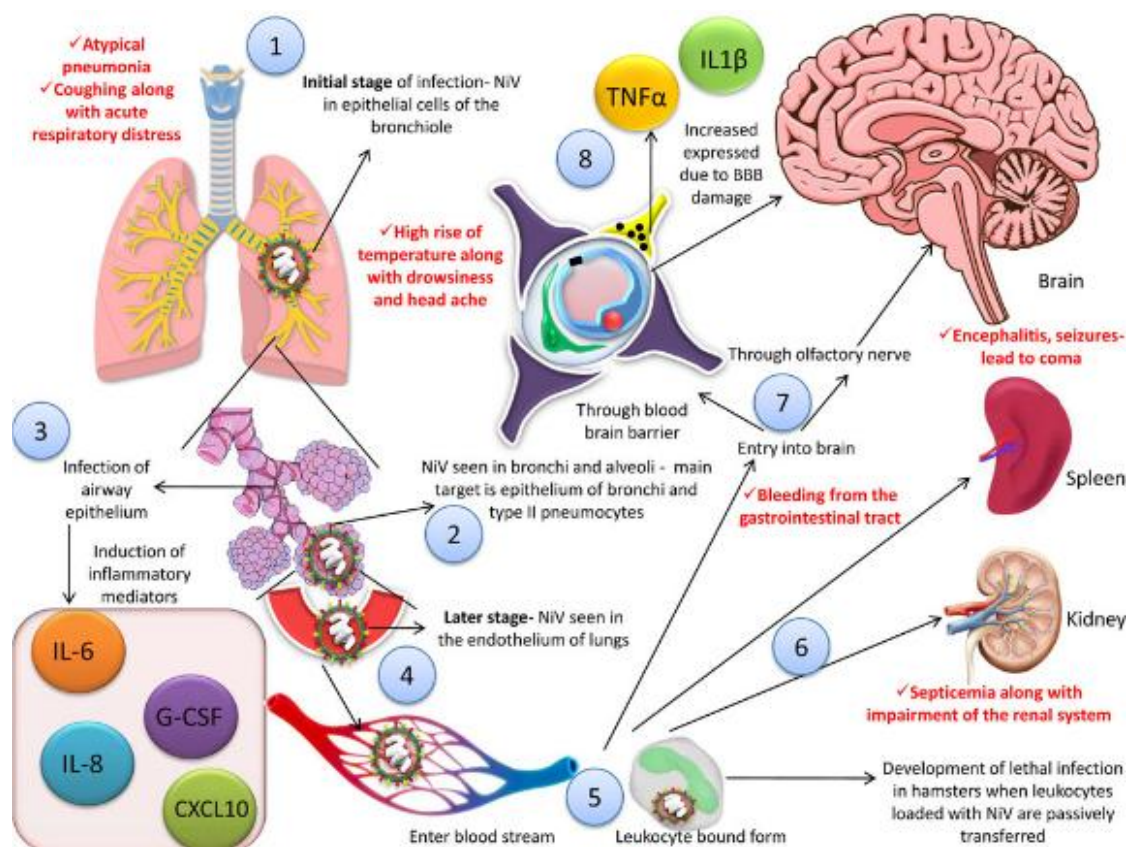


Fig. 3 . pathogenesis of NiV, the font in red color are symptoms in humans.

Clinical Signs and Symptoms

3–14 days after NiV exposure, Signs and symptoms of infection appear. In NiV infection in humans, neurological symptoms are the first and most frequent, while respiratory symptoms are the second most frequent. Besides the presence of drowsiness and headache, a rapid rise in temperature occurs, along with emotional distress and disorientation, as the patient finally collapses into a coma within one to two days. The critical complication of a NiV is encephalitis .

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Preventative and Control Measures

To reduce and prevent further spread of NiV, the infection must be controlled in animals (intermediate hosts). As for pigs and horses, they are vaccinated to prevent the spread of disease from one animal to another. Pig farms must be disinfected, preventing infected fruits

from being consumed by other animals. Also, do not allow contact between pig farms and fruit bats and their secretions ^(48,49).

In humans, the infected persons should not have straight connection with the virus host (fruit bats and pigs), or their secretions. In addition, not to have direct contact with infected people. Educate and raise public awareness about avoidance of consumption of contaminated food (fruits or raw sap) by saliva or droplets of bats ⁽⁵⁰⁾. Maintain a good hygiene, follow the standard operating procedures such as frequent hand washing, sanitization with 70% ethanol, boil liquids before consuming them. Personal protective equipment, such as masks, goggles and gloves, must be used properly ⁽⁵¹⁾. Bat viruses are dangerous to the health of humans and that of animals too ^(52,53). For implementing a "One Health" policy, multidisciplinary teams (medical physicians, veterinarians, public health officials, scientists, phylogeneticists, and ecologists) must be established immediately. kaerbtuo erutuf erom tneverp ot stroffe nioj ot redro ni ⁽⁵⁴⁾.

Conclusion

Nipah virus is a zoonotic disease and it belongs to *Henipavirus* genus, *Paramyxoviridae* Family. It is the reason of several high rate-fatal illnesses in humans such encephalitis and other diseases in the respiratory system. It was first known in Malaysia. Some awareness programs must be conducted to prevent re-emerging the disease.

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