

# Assessment the Awareness of the Elderly Patient's Knowledge and Attitudes among Pneumococcal Vaccination in Kingdom of Saudi Arabia 2023

Amal Abdullah Basarwan<sup>1</sup>, Maher Ibrahim Abdulsalam<sup>2</sup>, Adil Awad Mobark Allehyani<sup>3</sup>, Talal Gale Salman Alsahly<sup>4</sup>, Afnan Adnan Abdullah Bukhari<sup>5</sup>, Rawan Shaker Abdullah Alshareef<sup>3</sup>, Majed Noor Albsher Mia<sup>6</sup>, Ayash Ayidh Abdullah Alotaibi<sup>3</sup>, Hani Bakheet Aljohani<sup>7</sup>, Abdullah Ahmed Almalki<sup>8</sup>, Atif Omar Ali Alsharif<sup>9</sup>, Ohoud Mohammed Alzahrani<sup>10</sup>, Hosamulden Abdollah Aborefaie<sup>11</sup>, Fahad Hammadi Ahmad Alhasani<sup>12</sup>, Hajer Ghali Alharbi<sup>13</sup>

<sup>1</sup>Consultant Pediatric, Hera General Hospital, Makkah, Saudi Arabia

<sup>2</sup>Resident Doctor (GP), General Directorate of Health Affairs, GDIPC, Saudi Arabia

<sup>3</sup>Nursing technician, Aljumom health sector Ministry of Health, Makkah, Saudi Arabia

<sup>4</sup>Epidemiology Monitor, Aljumom health sector Ministry of Health, Makkah, Saudi Arabia

<sup>5</sup>Midwife, Altakhasusi PHC, Makkah, Saudi Arabia

<sup>6</sup>Pharmacy technician, Al Hajla PHC, Makkah, Saudi Arabia

<sup>7</sup>Health administration specialist, Public Health. Makkah, Saudi Arabia.

<sup>8</sup>Emergency medical services, Executive Administration of Disasters and crises Makkah Healthcare cluster, Saudi Arabia.

<sup>9</sup>Social Work, Hira General Hospital, Makkah, Saudi Arabia

<sup>10</sup>Specialist Nursing, Al-Hamimah Center, Makkah, Saudi Arabia

<sup>11</sup>Nursing technician, Al Takhasosi PHC, Makkah, Saudi Arabia

<sup>12</sup>Social Worker, Alasila PHC, Makkah, Saudi Arabia

<sup>13</sup>Nursing Specialist, Alasila PHC, Makkah, Saudi Arabia

## Abstract

### Background

Pneumonia represents the leading cause of infection-related death and the fifth cause of overall mortality, in the elderly. With increasing age, the human immune system undergoes characteristic changes which lead to increased incidence and severity of infectious diseases and to sufficient protection following vaccination as antibody response of elderly vaccines are weaker and decline faster. the periodic assessment of adherence to vaccination recommendations is an essential component of any vaccination process, Limited data exist regarding pneumococcal vaccination coverage among the elderly in Middle Eastern countries including Saudi Arabia. The role of vaccine acceptance has become increasingly evident. Yet, large-scale studies of the assessment of the on pneumococcal vaccines acceptance among the elderly are scarce. Hence, we assessed for the first time the current state of knowledge and pneumococcal vaccination coverage among the elderly and the role of health care educational intervention on the attitude, awareness, vaccine acceptance, and prompts for physician consultation regarding pneumococcal vaccines in Saudi Arabia.

**Aim of the study:** To assessment the awareness of the elderly patient's knowledge and attitudes among Pneumococcal vaccination in kingdom of Saudi Arabia 2023.

**Methods:** This cross-sectional study was conducted among 300 participants from health care centers in kingdom of Saudi Arabia. A validated self-administered questionnaire was used. It includes questions on socio demographic variables, knowledge, attitude, and vaccine response, during the August to September 2023.

**Results:** show regarding age most of participants > 80+ were (46.0%), gender majority of participants were (55.0%), marital status the most of participant were (49.0%) married, most of participant Primary school degree or below were (30.0%), occupation most of participant working were (67.0%) while not working were (33.0%), regarding the Pneumococcal vaccination most of participant vaccinated were (67.0%) while Non-Vaccinated were (33.0%).

**Conclusion:** very low pneumococcal vaccination coverage was observed among the elderly in Saudi Arabia, the immunization education and recommendation is suggested to improve pneumococcal vaccine coverage among the elderly, aside from introducing public awareness program about elderly vaccination at state level, free of cost vaccination of elderly individuals should be done pneumococcal vaccination in Saudi Arabia

**Keywords:** Assessment, Knowledge, attitudes, Patients, PHC, pneumococcal, Immunization, Saudi Arabia.

## Introduction

Streptococcus pneumonia (S. pneumonia) infection is associated with major global health problems including bacterial pneumonia, meningitis, otitis media, and bacteremia.[1] The groups at highest risk of this infection are pediatric, elderly, and immune compromised patients.[2] S. pneumonia is the most frequently encountered microbial agent in community-acquired pneumonia (CAP).[3,4] CAP is associated with considerable worldwide morbidity and mortality, especially among the elderly where the risk of death is associated with advanced age and the presence of comorbidities.[5] According to the WHO and the Centers for Disease Control and Prevention in America (CDC), the morbidity and mortality rates due to pneumococcal disease are high in the developing countries in Africa and Asia.[6]

Vaccines are regarded as one of the most effective preventative measures in modern medicine. Almost all people, regardless of age but especially the elderly need immunizations to protect against common infections [7]. The Advisory Committee on Immunization Practices (ACIP) and the Centers for Disease Control and Prevention (CDC) both recommend that age-appropriate vaccines be administered to all individuals, unless there are contraindications [8]. Compared with unvaccinated individuals, Pneumococcal-vaccinated individuals have a 41–53% [9] and 59% reduction in the risk of hospitalization due to Pneumococcal and death or intensive care unit (ICU) admissions due to pneumonia, respectively [10]. Similarly, polysaccharide pneumococcal vaccine reduced the risk of death or ICU admissions due to pneumonia by 38% [11] Pneumonia is the leading cause of infection-related death and the fifth cause of overall mortality among the elderly.[12] Streptococcus pneumonia is the most common pathogen responsible for pneumonia in old aged patients which according to WHO is taken as more than 60-y-old.[13] It is not just the age which is responsible for the susceptibility of elderly to pneumonia. Rather, comorbidities are also important risk factor.[14] It has also been documented that influenza infections can make people more susceptible to pneumococcal infections.[15] Other risk factors include

alcoholism, nursing home residence, and swallowing disorders.[16] Although, lifestyle modifications and nutritional support are also important elements in the prevention of pneumonia among the elderly,[17] the importance of vaccination against pneumonia holds its place as vaccination can play a key role in reducing the incidence of this disease. Due to lack of education, poor source of income, elderly population from low SES class are usually either unaware of the importance or even if they are aware, they do not feel the need to get vaccinated.[18]

High susceptibility to contracting pneumonia and developing its complications<sup>7</sup> makes old aged individuals more in need of immunization. Pneumococcal vaccination appears to be associated with a lower risk of bacteremia and a faster time to resolution of symptoms.<sup>8</sup> According to a research, trivalent vaccines prevent about 45% of pneumonia cases, hospital admissions, and influenza- related deaths in long-term care centers.[19] It has also been documented that the prevention of community acquired pneumonia (CAP) and nursing home acquired pneumonia (NHAP)[20]

Due to the increased risk of pneumococcal disease among the elderly, the Advisory Committee on Immunization Practices (ACIP) recommended in 2019 that all adults aged  $\geq 65$  years should receive a single dose of pneumococcal polysaccharide vaccine [21] (PPSV23) while shared clinical decision-making is recommended regarding the administration of PCV13.<sup>8</sup> Data on the global coverage of pneumococcal vaccine among the elderly is still not available. However, vaccine coverage among the elderly varies between 30 and 70% in different countries such as the United States, Australia, Japan, and France.[22]

## Literature Review

Study by Alreeme et al 2022 reported that the available data demonstrate that pneumonia is one of the most common problems in Mecca hospitals during the Hajj. However, there is generally a lack of research on the prevalence of pneumonia in the KSA or with a focus on vaccinations during the Hajj season, despite pneumonia being a serious disease that occurs during the year [23]

study by ( ) We found that 200 (77.5%) participants were unvaccinated; on the other hand, the remaining 58 (22.5%) participants stated that they did not recall which vaccines they received. In Canada, 58% of the participants said that they were immunized against pneumonia [24]

A study conducted in Canada found that only 26% of their respondents heard about the pneumococcal vaccine but not from their healthcare provider [25]. However, in this study, the most frequently reported reasons for why the participants were not immunized was because their healthcare providers did not mention the pneumococcal vaccine to them (81.5% of the sample), and 76% of the participants did not have enough information to decide whether to receive the vaccine or not. This finding was unexpected because a high number of patients in study had comorbidities, but healthcare providers still did not offer them the vaccine. In 2018, the USA guidelines recommended that patients aged 65 years or older with comorbidities should receive the pneumococcal vaccine, and according to the Ministry of Health in the KSA, vaccines are an easily accessible way for all people to avoid contracting infectious diseases . [26]

A study, we found that 87.2% of the respondents strongly agreed that their healthcare provider's recommendations are important. Similarly, a study conducted in Australia found that 81% of their participants would not accept the vaccine if their general physician did not recommend it [27]. Therefore, we concluded that healthcare providers play a major role in educating their patients regarding pneumococcal vaccination.

As vaccination coverage is influenced by patient awareness and health care provider's recommendation, studies in Jordan in this study assess the awareness of the elderly patient's knowledge and attitudes among Pneumococcal vaccination, for the first time in the Middle East, pneumococcal vaccination coverage among the elderly in Jordan and their awareness and attitude regarding the pneumococcal disease and its vaccine.[28]

Small-scale studies were conducted before regarding the impact of pharmacists on pneumococcal vaccine uptake among the elderly.[29]

Johnson DR et al. reported that 57% of their study population had similar reason for not getting immunized.[31] Majority of the participants believed that healthy persons do not need the vaccine, [22] which was also in accordance to another study which was performed Concerns regarding the cost of vaccine do not seem to be a major hindrance toward people getting vaccinated as similar finding was reported by Johnson DR et al. in their study.[31]

stude by Zaraketet al 2020 found that vaccine provision by a healthcare provider is consistently found to be one of the strongest independent predictors of pneumococcal and influenza vaccine receipt among the elderly [29], a finding reproduced in this study. Although most participants had access to a health care provider (97% had seen their primary care provider in the past year), and therefore the opportunity to be offered the vaccine, only 52% remembered their health care provider offering them the pneumococcal vaccine at any time.

Al-Lahham et al (2016) report, we showed that the majority of the elderly population in Jordan have at least one risk factor for invasive pneumococcal disease (70%) including diabetes (52.2%), coronary artery disease and myocardial infarction (30.5%), and immune compromising conditions (9%). Besides these, they have at least one risk factor for pneumococcal carriage (95.6%) where most of them have at least monthly contact with a child younger than 12 years old. This is critically important knowing that PCV13 is not included in the child national immunization program in Jordan and that pediatric PCV13 uptake in Amman was 12.5% in 2016.[32]

## **Rational**

The lack of evidence for adhering to the recommended pneumococcal vaccines in any of the inspected electronic medical records could be due to various factors. For instance, there are no local policies or institutional immunization protocols to guide physicians in identifying vaccine-eligible patients. There is no designated electronic documentation platform to aid in assessing vaccination status for routinely recommended vaccines, and lastly there is no electronic reminder system integrated with the current electronic health record system to help healthcare providers identify unvaccinated individuals, the immunization adherence to recommended vaccines among elderly Knowledge gaps and misperceptions regarding elderly patient's pneumococcal vaccine contribute to the poor uptake rates. Conversely, elderly

patient's education improves vaccination uptake and patient education could be provided using printed materials such as pamphlets and posters.

### **Aim of the study**

To assessment the awareness of the elderly patient's knowledge and attitudes among Pneumococcal vaccination in kingdom of Saudi Arabia 2023 .

### **Methodology**

#### **Study Design**

A Cross-sectional descriptive study

#### **Study area**

The study was carried out in Saudi Arabia which is located at the center of the Western Region of Saudi Arabia . It has a holy value for all Muslims worldwide who travel to it annually to perform Hajj and to visit the Holy Masjid and Kaaba towards which Muslims turn in prayers. The city has seven sectors of PHC. Each sector consists of a group of Primary Health Care Centers. The researcher is concerned with one of the inner PHC .

#### **Study Population**

The study was conducted among elderly patient's attending PHC in Saudi Arabia during the period of study in 2023 .

#### **Selection criteria:**

##### **A- Inclusion criteria:**

- All elderly patient's.
- Both males and females.
- All nationalities.

##### **Exclusion criteria:**

- Age <60

#### **Sampling technique:**

The researcher used Multi-stage random sampling technique, giving each sector code number from PHC After that, by using random number generator, the minimum number was one, and the maximum was seven, the generation number. Then simple random sampling technique was applied to select the PHC. Also, convenience sampling technique was utilized to select the participants in the study.

#### **Data collection tool:**

A self-administered validated questionnaire was used. The questionnaire was translated to Arabic by forward-backward technique and then was piloted among 20 participants. after permission was taken through email from the researcher, with some modification and preamble letter was issued to explain the aim of the study, request to participate, and appreciation for a response. Then, the questionnaire was validated by three consultants. After

that, the first part included questions on socio demographic characteristics such as age, sex, marital status, educational level and history of chronic disease. The second part included questions on influenza vaccination knowledge, attitudes and questions about vaccination status.

### **Data collection technique:**

After the arrival of the patient to the PHCC, they should go to the reception first to register and ensure the presence of the center's card. Then, the receptionist gives a number to every patient who waits until called by the nurse to detect the vital signs. During that period of waiting the researcher will select patient conveniently until the target number achieves and gives the questionnaire for answering after taking the consent.

### **Data entry and analysis:**

The Statistical Package for Social Sciences (SPSS) software version 24.0 was used for data entry and analysis. Descriptive statistics (e.g., number, percentage) and analytic statistics using Chi-Square tests ( $\chi^2$ ) to test for the association and the difference between two categorical variables were applied. A p-value  $\leq 0.05$  was considered statistically significant.

### **Pilot study:**

Was piloted among 20 participants, after permission was taken through from the researcher, with some modification and preamble letter was issued to explain the aim of the study, request to participate, and appreciation for a response. Then, the questionnaire was validated by three consultants. A pilot study was conducted in one PHC in the same sector due to the similarity to the target group using the same questionnaire to test the methodology of the study. As a feedback, the questionnaire was clear and no defect was detected in the methodology.

### **Ethical considerations:**

The ethical approval for this study was obtained from the ethical committee for health research in Makah ( 2023). The objectives of the study were explained to the participants and confidentiality was assured. Participation was voluntary. A written consent was obtained from the participants. Permission from the Makah joint program of family medicine was obtained; permission from the Directorate of Health Affairs of the Holy Capital Primary Health Care was obtained.

**Budget:** Self-funded

### **Result**

**Table 1:** Distribution of socio-demographic characteristics of patients .

|            | N  | %  |
|------------|----|----|
| <b>Age</b> |    |    |
| <65-70     | 72 | 24 |
| 70-< 80    | 90 | 30 |

|                                 |     |    |
|---------------------------------|-----|----|
| >80+                            | 138 | 46 |
| <b>Gender</b>                   |     |    |
| Male                            | 135 | 45 |
| Female                          | 165 | 55 |
| <b>Marital status</b>           |     |    |
| Single                          | 60  | 20 |
| Married                         | 147 | 49 |
| Divorced                        | 36  | 12 |
| Widow                           | 57  | 19 |
| <b>Level of education</b>       |     |    |
| Primary & secondary             | 90  | 30 |
| School                          | 63  | 21 |
| University                      | 54  | 18 |
| College                         | 93  | 31 |
| <b>Occupation</b>               |     |    |
| Working                         | 201 | 67 |
| Not working                     | 99  | 33 |
| <b>Pneumococcal vaccination</b> |     |    |
| Vaccinated                      | 201 | 67 |
| Non vaccinated                  | 99  | 33 |
| <b>Frailty</b>                  |     |    |
| Very fit                        | 72  | 24 |
| Well                            | 39  | 13 |
| Well, with treated              | 66  | 22 |
| co-morbid disease               | 123 | 41 |

The study included 300 patients, table 1 show the remaining socio-demographic characteristics of the patients, regarding age most of participants > 80+ were (46.0%) followed by 70-<80 years were (30.0%) , regarding the gender majority of participants were(55.0%) were female while male were (45.0%), regarding the marital status the most of participant were (49.0%) married while single were (20.0%) , regarding the level of education the most of participant Primary school degree or below were (30.0%) while college degree were (31.0%) while school were (21.0%), regarding Occupation most of participant working were (67.0%) while not working were (33.0%), regarding the Pneumococcal vaccination most of participant vaccinated were (67.0%) while Non-Vaccinated were (33.0%), regarding Frailty conditions most of participant co-morbid disease were (41.0%) while Very fit were (42.0%).

**Table 2: Distribution of responses of awareness of the elderly patient's knowledge among Pneumococcal vaccination .**

| Knowledge   | Knowledge |                |       |            |          |                   | % of agreement | Chi-square     |         |
|---|-----------|----------------|-------|------------|----------|-------------------|----------------|----------------|---------|
|   |           | Strongly agree | Agree | Don't know | Disagree | Strongly disagree |                | X <sup>2</sup> | P-value |
| The pneumonia vaccine keeps a person from getting pneumonia                                   | N         | 111            | 66    | 54         | 48       | 21                | 73.2           | 72.300         | <0.001* |
|   | %         | 37             | 22    | 18         | 16       | 7                 |                |                |         |
| Perceived risk<br>Pneumonia is a serious disease  | N         | 96             | 63    | 69         | 33       | 39                | 69.6           | 42.600         | <0.001* |
|   | %         | 32             | 21    | 23         | 11       | 13                |                |                |         |
| Effective vaccine is available to prevent invasive pneumococcal disease in elderly.           | N         | 120            | 63    | 51         | 36       | 30                | 73.8           | 86.100         | <0.001* |
|   | %         | 40             | 21    | 17         | 12       | 10                |                |                |         |
| I am at high risk for pneumonia   | N         | 117            | 90    | 42         | 33       | 18                | 77             | 116.100        | <0.001* |
|   | %         | 39             | 30    | 14         | 11       | 6                 |                |                |         |
| pneumonia vaccine can prevent serious complications among chronic diseases                    | N         | 84             | 57    | 39         | 63       | 57                | 63.2           | 17.400         | 0.002*  |
|   | %         | 28             | 19    | 13         | 21       | 19                |                |                |         |
| Pneumococcal infection is the principal causative agent of bacterial pneumonia, otitis media, | N         | 117            | 84    | 33         | 18       | 48                | 73.6           | 107.700        | <0.001* |
|   | %         | 39             | 28    | 11         | 6        | 16                |                |                |         |

|  |   |     |    |    |    |    |      |             |             |
|--|---|-----|----|----|----|----|------|-------------|-------------|
| sinusitis,<br>meningitis and<br>septicemia.  |   |     |    |    |    |    |      |             |             |
| A person who<br>does NOT get<br>the pneumonia<br>vaccine will<br>probably get<br>pneumonia | N | 87  | 84 | 48 | 30 | 51 | 68.4 | 40.50<br>0  | <0.00<br>1* |
|  | % | 29  | 28 | 16 | 10 | 17 |      |             |             |
| My<br>doctor's/health<br>care<br>provider's<br>recommendations<br>are<br>important         | N | 87  | 33 | 36 | 75 | 69 | 59.6 | 39.00<br>0  | <0.00<br>1* |
|  | % | 29  | 11 | 12 | 25 | 23 |      |             |             |
| Elderly aged<br>≥65 years are<br>at risk of<br>invasive<br>pneumococcal<br>disease.        | N | 129 | 48 | 45 | 39 | 39 | 72.6 | 100.2<br>00 | <0.00<br>1* |
|  | % | 43  | 16 | 15 | 13 | 13 |      |             |             |

The results presented in table (2) showed that regarding the pneumonia vaccine keeps a person from getting pneumonia the majority of participant in the strongly agree were (37.0%) followed by agree were (22.0%) while a significant difference  $P=0.001$  and  $X^2$  72.300 , % of agreement were 73.2 while  $P=0.001$ , regarding the Perceived risk Pneumonia is a serious disease the majority of participant in the strongly agree were (32.0%) followed by don't know were (23.0%) while a significant difference  $P=0.001$  and  $X^2$  42.600 , % of agreement were 69.6, regarding effective vaccine is available to prevent invasive pneumococcal disease in elderly the majority of participant in the strongly agree were (40.0%) followed by agree were (21.0%) while a significant difference  $P=0.001$  and  $X^2$  86.100 , % of agreement were 73.8, regarding I am at high risk for pneumonia the majority of participant in the strongly agree were (39.0%) followed by agree were (30.0%) while a significant difference  $P=0.001$  and  $X^2$  116.100 , % of agreement were 77, regarding pneumonia vaccine can prevent serious complications among chronic diseases the majority of participant in the strongly agree were (28.0%) followed by disagree were (21.0%) while a significant difference  $P=0.001$  and  $X^2$  17.400 , % of agreement were 63.2, regarding Pneumococcal infection is the principal causative agent of bacterial pneumonia, otitis media, sinusitis, meningitis and septicemia the majority of participant in the strongly agree were (39.0%) followed by agree were (28.0%) while a significant difference  $P=0.001$  and  $X^2$  107.700 , % of agreement were 73.6, regarding A person who does NOT get the pneumonia vaccine will probably get pneumonia the majority of participant in the strongly agree were (29.0%) followed by agree were

(28.0%) while a significant difference  $P=0.001$  and  $X^2$  40.500 , % of agreement were 68.4, regarding doctor's/health care provider's recommendations are important the majority of participant in the strongly agree were (29.0%) followed by disagree were (25.0%) while a significant difference  $P=0.001$  and  $X^2$  39.000 , % of agreement were 59.6, regarding Elderly aged  $\geq 65$  years are at risk of invasive pneumococcal disease the majority of participant in the strongly agree were (43.0%) followed by agree were (16.0%) while a significant difference  $P=0.001$  and  $X^2$  100.200 , % of agreement were 72.6 .

**Table 3: Distribution of responses of awareness of the elderly patient's attitudes among Pneumococcal vaccination**

| Items   |   | Attitudes      |       |            |          |                   | % of agreement | Chi-square     |          |
|---|---|----------------|-------|------------|----------|-------------------|----------------|----------------|----------|
|   |   | Strongly agree | Agree | Don't know | Disagree | Strongly disagree |                | X <sup>2</sup> | P-value  |
| In general, vaccines are a good way to protect my health          | N | 132            | 75    | 60         | 33       | 0                 | 79             | 69.840         | <0.001 * |
|   | % | 44             | 25    | 20         | 11       | 0                 |                |                |          |
| I consider vaccines to be safe                                    | N | 69             | 102   | 63         | 48       | 18                | 70.4           | 62.700         | <0.001 * |
|   | % | 23             | 34    | 21         | 16       | 6                 |                |                |          |
| I feel that getting the pneumoni a vaccine is a wise thing to do  | N | 27             | 12    | 57         | 165      | 39                | 48.2           | 247.800        | <0.001 * |
|   | % | 9              | 4     | 19         | 55       | 13                |                |                |          |
| It is important for healthy elderly over the age of 65 to get the | N | 117            | 102   | 45         | 27       | 9                 | 79.4           | 148.800        | <0.001 * |
|   | % | 39             | 34    | 15         | 9        | 3                 |                |                |          |

|   |   |     |     |    |    |    |      |         |         |
|---|---|-----|-----|----|----|----|------|---------|---------|
| pneumonia vaccine   |   |     |     |    |    |    |      |         |         |
| I consider the pneumonia vaccine to be safe                 | N | 30  | 36  | 87 | 63 | 84 | 51   | 46.500  | <0.001* |
|   | % | 10  | 12  | 29 | 21 | 28 |      |         |         |
| If there is an effective vaccine to prevent, I will take it | N | 111 | 120 | 33 | 21 | 15 | 79.4 | 174.600 | <0.001* |
|   | % | 37  | 40  | 11 | 7  | 5  |      |         |         |

The results presented in table (3) showed that regarding the responses of awareness of the elderly patient's attitudes among Pneumococcal vaccination show regarding the In general, vaccines are a good way to protect my health the majority of participant in the strongly agree were (44.0%) followed by agree were (25.0%) while a significant difference  $P=0.001$  and  $X^2$  69.840, % of agreement were 79.0 while  $P=0.001$ , regarding I consider vaccines to be safe the majority of participant in the agree were (34.0%) followed by strongly agree were (23.0%) while a significant difference  $P=0.001$  and  $X^2$  62.700, % of agreement were 70.4 were, regarding I feel that getting the pneumonia vaccine is a wise thing to do the majority of participant in the disagree were (55.0%) followed by don't know were (19.0%) while a significant difference  $P=0.001$  and  $X^2$  247.800, % of agreement were 48.2, regarding It is important for healthy elderly over the age of 65 to get the pneumonia vaccine the majority of participant in the strongly agree were (39.0%) followed by agree were (34.0%) while a significant difference  $P=0.001$  and  $X^2$  148.800, % of agreement were 79.4, regarding I consider the pneumonia vaccine to be safe the majority of participant in the don't know were (29.0%) followed by strongly disagree were (28.0%) while a significant difference  $P=0.001$  and  $X^2$  46.500, % of agreement were 51.0, regarding If there is an effective vaccine to prevent, I will take it the majority of participant in the agree were (40.0%) followed by strongly agree were (37.0%) while a significant difference  $P=0.001$  and  $X^2$  174.600, % of agreement were 79.4,

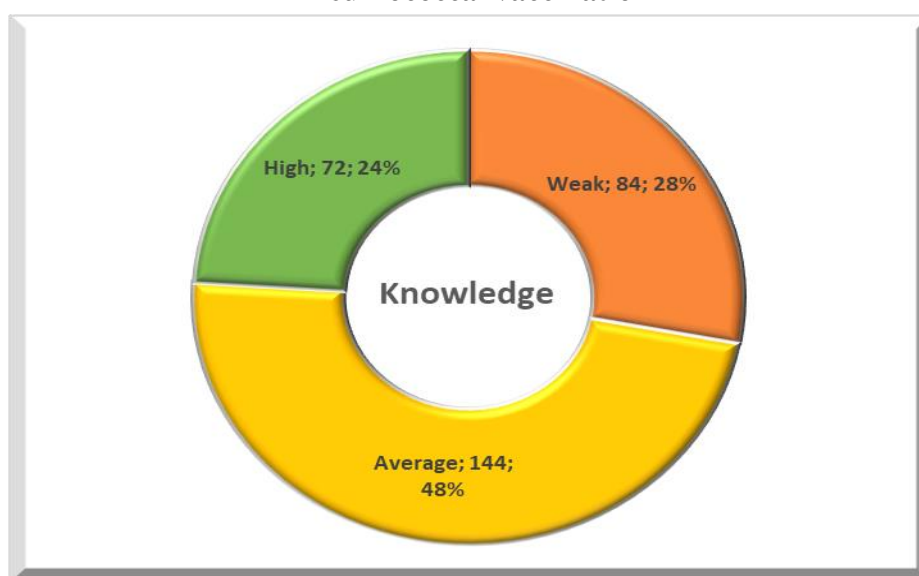
**Table 3: Distribution of the Knowledge about the elderly patient's among Pneumococcal vaccination**

|         | Knowledge |    | Chi-square |         |
|---------|-----------|----|------------|---------|
|         | N         | %  | $X^2$      | P-value |
| Weak    | 84        | 28 | 29.76      | <0.001* |
| Average | 144       | 48 |            |         |

|                |              |     |  |  |
|----------------|--------------|-----|--|--|
| <b>High</b>    | 72           | 24  |  |  |
| <b>Total</b>   | 300          | 100 |  |  |
| <b>Range</b>   | 19-38.       |     |  |  |
| <b>Mean±SD</b> | 28.154±3.456 |     |  |  |

This table shows the majority of participant (48.0%) have average of the knowledge towards Pneumococcal vaccination followed by (28.0%) of participant weak but high were (24.0%) while Range(16 -38) and Mean  $\pm$ SD(28.154 $\pm$ 3.456)  $X^2$  29.76 and a significant relation  $P=0.001$

**Figure (1): Distribution of the Knowledge about the elderly patient's among Pneumococcal vaccination**

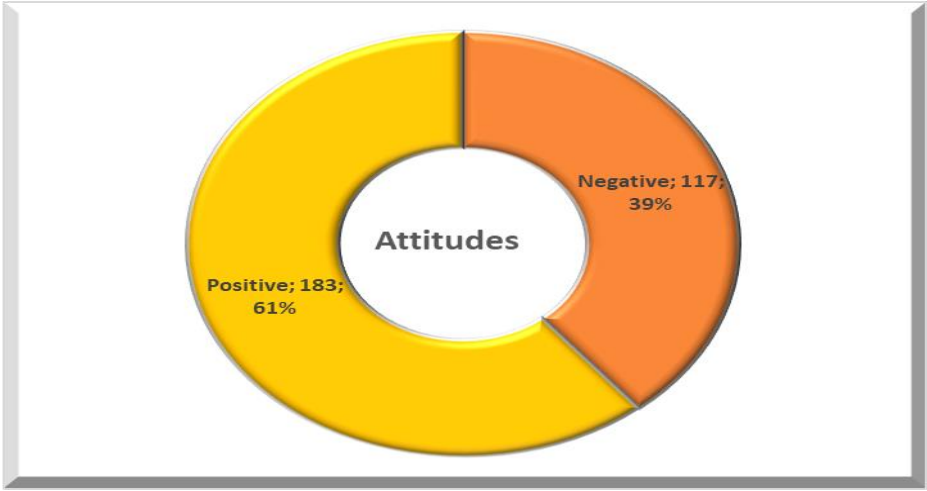


**Table 4: Distribution of the attitudes about the elderly patient's among Pneumococcal vaccination**

|          | Attitudes   |     | Chi-square     |         |
|----------|-------------|-----|----------------|---------|
|          | N           | %   | X <sup>2</sup> | P-value |
| Negative | 117         | 39  | 14.083         | 0.0002* |
| Positive | 183         | 61  |                |         |
| Total    | 300         | 100 |                |         |
| Range    | 7-30.       |     |                |         |
| Mean+SD  | 19.57±4.215 |     |                |         |

This table 4 shows the majority of participant (61.0%) have Positive of the attitudes towards Pneumococcal vaccination followed by (39.0%) of participant negative while Range(7 - 30) and Mean  $\pm$ SD(19.57 $\pm$ 4.215),  $X^2$  70.26 and a significant relation  $P=0.002$

**Figure (2): Distribution of the attitudes about the elderly patient's among Pneumococcal vaccination**

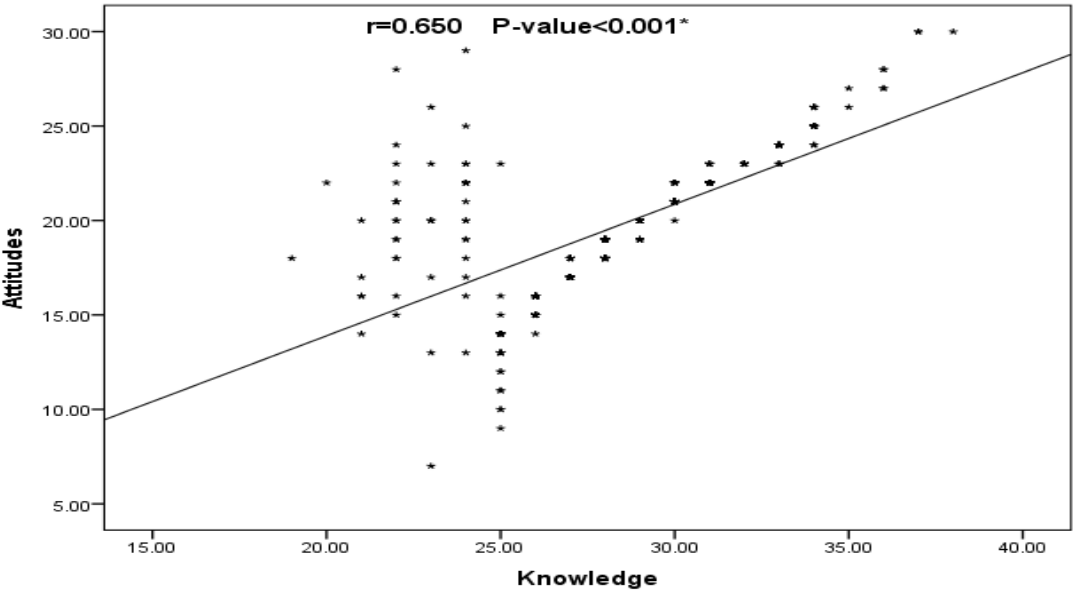


**Table 5 : Distribution of the Correlations between Knowledge and attitudes about the elderly patient's among Pneumococcal vaccination**

|           | Knowledge |         |     |
|-----------|-----------|---------|-----|
|           | r         | P-value | N   |
| Attitudes | 0.650     | 0.000   | 300 |

This table 5 shows the heave correlations between Knowledge and attitudes while r were 0.650 and a significant relation were P-value=0.000 and N(300).

**Figure (3): Distribution of the Correlations between Knowledge and attitudes about the elderly patient's among Pneumococcal vaccination**



**Table 6 Distribution of the relationship of the Socio-demographic characteristics attitudes about the elderly patient's Pneumococcal vaccination**

|                          |                     | N   | Attitudes          | F or T | ANOVA ro T-test |         |
|--------------------------|---------------------|-----|--------------------|--------|-----------------|---------|
|                          |                     |     | Mean $\pm$ SD      |        | Test value      | P-value |
| Age                      | 65-70               | 72  | 23.444 $\pm$ 2.600 | F      | 82.007          | 0.000   |
|                          | 70-80               | 90  | 18.678 $\pm$ 2.379 |        |                 |         |
|                          | >80                 | 138 | 17.906 $\pm$ 3.614 |        |                 |         |
| Gender                   | Male                | 135 | 20.319 $\pm$ 2.596 | T      | 3.586           | 0.000   |
|                          | Female              | 165 | 18.770 $\pm$ 4.433 |        |                 |         |
| Marital status           | Single              | 60  | 20.367 $\pm$ 3.194 | F      | 2.307           | 0.077   |
|                          | Married             | 147 | 19.517 $\pm$ 4.350 |        |                 |         |
|                          | Divorced            | 36  | 19.194 $\pm$ 3.003 |        |                 |         |
|                          | Widow               | 57  | 18.561 $\pm$ 3.065 |        |                 |         |
| Level of education       | Primary & secondary | 90  | 18.078 $\pm$ 3.393 | F      | 102.468         | 0.000   |
|                          | School              | 63  | 15.587 $\pm$ 1.433 |        |                 |         |
|                          | University          | 54  | 20.685 $\pm$ 3.167 |        |                 |         |
|                          | College             | 93  | 22.731 $\pm$ 2.158 |        |                 |         |
| Occupation               | Working             | 201 | 19.512 $\pm$ 2.926 | T      | 0.297           | 0.766   |
|                          | Not working         | 99  | 19.374 $\pm$ 5.142 |        |                 |         |
| Pneumococcal vaccination | Vaccinated          | 201 | 20.065 $\pm$ 4.130 | T      | 3.985           | 0.000   |
|                          | Non vaccinated      | 99  | 18.253 $\pm$ 2.624 |        |                 |         |

Table (6) Distribution of the relationship of the Socio-demographic characteristics and knowledge of awareness and attitudes about the elderly patient's Pneumococcal vaccination show regarding age increase in age 65-70 years (Mean $\pm$  SD 23.444  $\pm$ 2.600) heave significant relation were P-value=0.001, F test were (82.007) , regarding the gender status is a significant relation the heave were P-value=0.000, T test were (3.586) increase in male were respectively (Mean $\pm$  SD 20.319  $\pm$ 2.596) followed by female were (18.770 $\pm$ 4.433), regarding the Marital status is a significant relation the heave were P-value=0.077, F test were (2.307) increase in Married followed by divorced were respectively (Mean $\pm$  SD 19.517 $\pm$ 4.350 and 19.194 $\pm$ 3.003), regarding the Educational level a significant relation heave were P-value=0.000, F test were (102.468) increase in college and university were respectively (Mean $\pm$  SD 22.731 $\pm$ 2.158 and 20.685 $\pm$ 3.167), regarding the Occupation no significant relation heave were P-value=0.766, T test were (0.297) increase in working and not working were respectively (Mean $\pm$  SD 19.512 $\pm$ 2.926 and 19.374 $\pm$ 5.142), regarding the Pneumococcal vaccination a significant relation heave were P-value=0.000, T test were (3.985) increase in Vaccinated were respectively (Mean $\pm$  SD 20.065 $\pm$ 4.130).

**Table 7 Distribution of the relationship of the Socio-demographic characteristics and knowledge of awareness about the elderly patient's Pneumococcal vaccination**

|                          |                     | N   | Knowledge |         | F or T | ANOVA ro T-test |         |
|--------------------------|---------------------|-----|-----------|---------|--------|-----------------|---------|
|                          |                     |     | Mean      | ± SD    |        | Test value      | P-value |
| Age                      | 65-70               | 72  | 32.361    | ± 2.260 | F      | 203.533         | 0.000   |
|                          | 70-80               | 90  | 28.167    | ± 1.775 |        |                 |         |
|                          | >80                 | 138 | 25.601    | ± 2.615 |        |                 |         |
| Gender                   | Male                | 135 | 29.593    | ± 2.103 | T      | 8.189           | 0.000   |
|                          | Female              | 165 | 26.685    | ± 3.924 |        |                 |         |
| Marital status           | Single              | 60  | 29.500    | ± 2.703 | F      | 39.592          | 0.000   |
|                          | Married             | 147 | 29.109    | ± 3.292 |        |                 |         |
|                          | Divorced            | 36  | 26.250    | ± 2.273 |        |                 |         |
|                          | Widow               | 57  | 24.632    | ± 2.925 |        |                 |         |
| Level of education       | Primary & secondary | 90  | 27.356    | ± 2.733 | F      | 23.174          | 0.000   |
|                          | School              | 63  | 25.571    | ± 1.593 |        |                 |         |
|                          | University          | 54  | 29.148    | ± 3.417 |        |                 |         |
|                          | College             | 93  | 29.581    | ± 4.161 |        |                 |         |
| Occupation               | Working             | 201 | 27.726    | ± 3.180 | T      | -1.711          | 0.089   |
|                          | Not working         | 99  | 28.535    | ± 4.141 |        |                 |         |
| Pneumococcal vaccination | Vaccinated          | 201 | 28.358    | ± 3.759 | T      | 2.793           | 0.006   |
|                          | Non vaccinated      | 99  | 27.253    | ± 2.925 |        |                 |         |

Table (7) Distribution of the relationship of the Socio-demographic characteristics and knowledge of awareness about the elderly patient's Pneumococcal vaccination show regarding age increase in age 65-70 years (Mean± SD 32.361±2.260) heave significant relation were P-value=0.000, F test were (203.533) , regarding the gender status is a significant relation the heave were P-value=0.000, T test were (8.189) increase in male were respectively (Mean± SD 29.593±2.103) followed by female were (26.685±3.924), regarding the Marital status is a significant relation the heave were P-value=0.000, F test were (39.592) increase in Married followed by single were respectively (Mean± SD 29.500±2.703 and 29.500±2.703), regarding the Educational level a significant relation heave were P-value=0.000, F test were (23.174) increase in college and university were respectively (Mean± SD 29.581±4.161 and 29.148±3.417), regarding the Occupation a significant relation heave were P-value=0.089, T test were (-1.711) increase in not working and working were respectively (Mean± SD 28.535±4.141 and 27.726 ±3.180), regarding the Pneumococcal vaccination a significant relation heave were P-value=0.006, T test were (2.793) increase in Vaccinated were respectively (Mean± SD 28.358 ±3.759).

### Discussion

Pneumonia is a common health problem in the KSA and worldwide. [12] The available data demonstrate that pneumonia is one of the most common problems in Mecca hospitals during the Hajj. However, there is generally a lack of research on the prevalence of pneumonia in the KSA or with a focus on vaccinations during the Hajj season, despite pneumonia being a serious disease that occurs during the year, [22]

The study shows that a high proportion of people over 60 years old in Saudi Arabia are willing to the pneumonia vaccine. The proportion of elderly people willing to take an pneumonia vaccine in Saudi Arabia is relatively high, which is similar to the study results from the Jiaojiang District of Taizhou City [33] and Chongqing City [34], revealing that elderly people are subjectively willing to take an pneumonia vaccine. The most of elderly population with primary school degree or below, which was contrary to the results of [23] show regarding age most of participants > 80+ were (46.0%), gender majority of participants were (55.0%), marital status the most of participant were (49.0%) married, most of participant Primary school degree or below were (30.0%), occupation most of participant working were (67.0%) while not working were (33.0%), regarding the Pneumococcal vaccination most of participant vaccinated were (67.0%) while Non-Vaccinated were (33.0%)(See table 1) also news media reports of a small number of severe have heightened concerns about vaccination among the highly educated. [30] In Canada, 58% of the participants said that they were immunized against pneumonia [24].

Moreover, the outcome of this research showed that the great majority of the participating patients were not able to identify the Pneumonia, such as poor control and increased risk of hospitalization chronic diseases. These results are consistent with the findings of [30] who found that South African chronic diseases patients were able to identify the symptoms and complications of Pneumonia. Investigating the participants' perceptions towards Pneumonia vaccination showed significant differences between vaccinated and non-vaccinated diabetic patients' perceptions regarding the safety, effectiveness and side effects of the seasonal flu vaccine. Previously vaccinated diabetic patients had more positive perceptions towards Pneumonia vaccination compared to non-vaccinated vaccines. The results of the present study are similar to the findings of Ahmed et al., (2023) who found that Jordanian elderly patients have a good level of knowledge and attitudes about seasonal flu and vaccination. However, the context of the two studies is different as our study focused on elderly patients [35] On the other hand, those who were not vaccinated justified that by having alternative protection or considering Pneumonia as a mild illness or considering that the vaccine is not effective and not safe. This results highlights that there is still a need to increase the public awareness and knowledge about Pneumonia. In addition, this result might be attributed to the absence of national tracking strategy to the Pneumonia vaccination process among the patients. Moreover, it was found that both attitudes and knowledge are significantly associated with increased likelihood of taking the Pneumonia vaccine, which could be referred to patients' realizing of the benefits of the Pneumonia vaccine and its effect in reducing the complications that might happen among patients. A major strength of this study is the scarcity of the local studies in Saudi Arabia that examine the knowledge and attitudes towards Pneumonia and vaccination among elderly patients [36].

study in Jordan, we show that the majority of the elderly population in Jordan have at least one risk factor for invasive pneumococcal disease (70%) including diabetes (52.2%),

coronary artery disease and myocardial infarction (30.5%), and immune compromising conditions (9%). Besides these, they have at least one risk factor for pneumococcal carriage (95.6%)

## Conclusion

The immunization adherence to recommended vaccines among elderly in Saudi Arabia can be significantly improved in several ways. First, a national platform should be established to help track elderly immunization status and to provide an electronic record for all vaccines administered in any authorized health facility across the country. Second, for vaccine-eligible individuals, proof of vaccination for routine vaccines should be requested prior to college acceptance or hiring. Third, the scope of vaccination awareness campaigns should be broadened by promoting all recommended routine adult vaccines. Fourth, healthcare providers should be educated on the efficacy, safety, indications, and contraindications of vaccines as a preventative healthcare tool. Fifth, any authorized healthcare facility (primary, secondary, tertiary health centers, and community pharmacies) should have clear immunization policies and regular staff training on vaccine administration. Sixth, an electronic reminder system for missed vaccinations should be used

## 7. References

- [1]Belote, A., Conde, D., & Young, D. (2023). A Unique Case of Purulent Malignant Otitis Externa Causing Community-Acquired Klebsiella Pneumonia Meningitis in a Marshallese Male. *Infectious Diseases in Clinical Practice*, 31(3), e1239.
- [2]Hashim, A. A., & Abdelhameed, A. M. (2023). Detection of pspA Gene (Pneumococcal Surface Protein A) in Streptococcus pneumoniae Isolated from COVID-19 Patients. *Academic Science Journal*, 1(1), 29-38.
- [3]Cillóniz, C., Garcia-Vidal, C., Ceccato, A., & Torres, A. (2018). Antimicrobial resistance among Streptococcus pneumoniae. *Antimicrobial Resistance in the 21st Century*, 13-38.
- [4]von Specht, M., Gabarrot, G. G., Mollerach, M., Bonofiglio, L., Galletti, P., Kaufman, S., ... & Lopardo, H. A. (2021). Resistance to  $\beta$ -lactams in Streptococcus pneumoniae. *Revista Argentina de Microbiología*, 53(3), 266-271.
- [5]Nakano, S., Fujisawa, T., Ito, Y., Chang, B., Suga, S., Noguchi, T., ... & Ichiyama, S. (2016). Serotypes, antimicrobial susceptibility, and molecular epidemiology of invasive and non-invasive Streptococcus pneumoniae isolates in paediatric patients after the introduction of 13-valent conjugate vaccine in a nationwide surveillance study conducted in Japan in 2012–2014. *Vaccine*, 34(1), 67-76.
- [6]Hedberg, P., Johansson, N., Ternhag, A., Abdel-Halim, L., Hedlund, J., & Naclér, P. (2022). Bacterial co-infections in community-acquired pneumonia caused by SARS-CoV-2, influenza virus and respiratory syncytial virus. *BMC Infectious Diseases*, 22(1), 1-11.
- [7]Lyu, Z., Li, J., Zhen, J., Shi, W., Meng, Q., Zhou, W., ... & Dong, F. (2023). A Hospital-Based and Cross-Sectional Investigation on Clinical Characteristics of Pediatric Streptococcus pneumoniae Isolates in Beijing from 2015 to 2021. *Infection and Drug Resistance*, 499-508.
- [8]Haessler, S., Guo, N., Deshpande, A., Zilberberg, M. D., Lagu, T., Lindenauer, P. K., ... & Rothberg, M. B. (2022). Etiology, treatments, and outcomes of patients with severe

community-acquired pneumonia in a large US sample. *Critical care medicine*, 50(7), 1063-1071.

- [9] Poovieng, J., Sakboonyarat, B., & Nasomsong, W. (2022). Bacterial etiology and mortality rate in community-acquired pneumonia, healthcare-associated pneumonia and hospital-acquired pneumonia in Thai university hospital. *Scientific Reports*, 12(1), 9004.
- [10] Qu, J., Zhang, J., Chen, Y., Huang, Y., Xie, Y., Zhou, M., ... & Lai, G. (2022). Aetiology of severe community acquired pneumonia in adults identified by combined detection methods: a multi-centre prospective study in China. *Emerging microbes & infections*, 11(1), 556-566.
- [11] Schweitzer, V. A., van Heijl, I., Boersma, W. G., Rozemeijer, W., Verduin, K., Grootenboers, M. J., ... & Bonten, M. J. (2022). Narrow-spectrum antibiotics for community-acquired pneumonia in Dutch adults (CAP-PACT): a cross-sectional, stepped-wedge, cluster-randomised, non-inferiority, antimicrobial stewardship intervention trial. *The Lancet Infectious Diseases*, 22(2), 274-283.
- [12] Graham, F. F., Finn, N., White, P., Hales, S., & Baker, M. G. (2022). Global perspective of Legionella infection in community-acquired pneumonia: a systematic review and meta-analysis of observational studies. *International Journal of Environmental Research and Public Health*, 19(3), 1907.
- [13] Neha, R., Subeesh, V., Beulah, E., Gouri, N., & Maheswari, E. (2020). Postlicensure surveillance of human papillomavirus vaccine using the Vaccine Adverse Event Reporting System, 2006–2017. *Perspectives in clinical research*, 11(1), 24.
- [14] Yoshimatsu, Y., & Smithard, D. G. (2022). A paradigm shift in the diagnosis of aspiration pneumonia in older adults. *Journal of Clinical Medicine*, 11(17), 5214.
- [15] Tenforde, M. W., Talbot, H. K., Trabue, C. H., Gaglani, M., McNeal, T. M., Monto, A. S., ... & Patel, M. M. (2021). Influenza vaccine effectiveness against hospitalization in the United States, 2019–2020. *The Journal of infectious diseases*, 224(5), 813-820.
- [16] Rahman, M. M., Rahman, M. S., Chowdhury, S. R., Elhaj, A., Razzak, S. A., Abu Shoaib, S., ... & Rahman, S. M. (2022). Greenhouse gas emissions in the industrial processes and product use sector of Saudi Arabia—An emerging challenge. *Sustainability*, 14(12), 7388.
- [17] Liu, F., Song, S., Ye, X., Huang, S., He, J., Wang, G., & Hu, X. (2022). Oral health-related multiple outcomes of holistic health in elderly individuals: An umbrella review of systematic reviews and meta-analyses. *Frontiers in Public Health*, 10, 1021104.
- [18] Micoli, F., Romano, M. R., Carboni, F., Adamo, R., & Berti, F. (2023). Strengths and weaknesses of pneumococcal conjugate vaccines. *Glycoconjugate Journal*, 40(2), 135-148.
- [19] Mba, I. E., Sharndama, H. C., Anyaegbunam, Z. K. G., Anekpo, C. C., Amadi, B. C., Morumda, D., ... & Okeke, O. P. (2023). Vaccine development for bacterial pathogens: Advances, challenges and prospects. *Tropical Medicine & International Health*, 28(4), 275-299.
- [20] Redondo, E., Rivero-Calle, I., Mascarós, E., Ocaña, D., Jimeno, I., Gil, Á., ... & Martín-Torres, F. (2023). Vaccination against Community-Acquired Pneumonia in Spanish Adults: Practical Recommendations by the NeumoExperts Prevention Group. *Antibiotics*, 12(1), 138.

- [21] Matanock, A., Lee, G., Gierke, R., Kobayashi, M., Leidner, A., & Pilishvili, T. (2019). Use of 13-valent pneumococcal conjugate vaccine and 23-valent pneumococcal polysaccharide vaccine among adults aged  $\geq 65$  years: updated recommendations of the Advisory Committee on Immunization Practices. *Morbidity and Mortality Weekly Report*, 68(46), 1069.
- [22] Alshammari, M. K., Alotaibi, M. A., AlOtaibi, A. S., Alosaime, H. T., Aljuaid, M. A., Alshehri, B. M., ... & Alotaibi, A. A. (2023). Prevalence and Etiology of Community-and Hospital-Acquired Pneumonia in Saudi Arabia and Their Antimicrobial Susceptibility Patterns: A Systematic Review. *Medicina*, 59(4), 760.
- [23] Alreeme, S., Bokhary, H., & Craig, A. T. (2022). Transmission of Antimicrobial Resistant Bacteria at the Hajj: A Scoping Review. *International Journal of Environmental Research and Public Health*, 19(21), 14134.
- [24] Schneeberg, A., Bettinger, J. A., McNeil, S., Ward, B. J., Dionne, M., Cooper, C., ... & Halperin, S. A. (2014). Knowledge, attitudes, beliefs and behaviours of older adults about pneumococcal immunization, a Public Health Agency of Canada/Canadian Institutes of Health Research Influenza Research Network (PCIRN) investigation. *BMC Public Health*, 14(1), 1-9.
- [25] Alyazidi, I. M., Basheikh, M. A., Sait, S., Alharthy, H. A., Rihawi, A. S., Alahmadi, A. A., ... & Bahati, A. M. (2020). Knowledge, attitude and practice about pneumococcal immunization among elderly in Jeddah, Kingdom of Saudi Arabia. *Med Sci*, 24(102), 483-494.
- [26] Rosas, L., Rao, K., McGough, C., & Becker, A. (2019). A rare case of Bartonella encephalitis with hemiplegia. *Child Neurology Open*, 6, 2329048X19826480.
- [27] Czaicki, N., Bigaj, J., & Zielonka, T. M. (2021). Pneumococcal vaccine in adult asthma patients. *Medical and Biomedical Updates*, 55-62.
- [28] Abu-Rish, E. Y., & Barakat, N. A. (2021). The impact of pharmacist-led educational intervention on pneumococcal vaccine awareness and acceptance among elderly in Jordan. *Human Vaccines & Immunotherapeutics*, 17(4), 1181-1189.
- [29] Zaraket, H., Melhem, N., Malik, M., Khan, W. M., Dbaiibo, G., & Abubakar, A. (2020). Review of seasonal influenza vaccination in the Eastern Mediterranean Region: Policies, use and barriers. *Journal of infection and public health*, 13(3), 377-384.
- [30] Hammour, K. A., Farha, R. A., Manaseer, Q., & Al-Manaseer, B. (2022). Factors affecting the public's knowledge about COVID-19 vaccines and the influence of knowledge on their decision to get vaccinated. *Journal of the American Pharmacists Association*, 62(1), 309-316.
- [31] Johnson, D. R., Nichol, K. L., & Lipczynski, K. (2008). Barriers to adult immunization. *The American journal of medicine*, 121(7), S28-S35.
- [32] Al-Lahham, A., & Khanfar, N. (2016). Resistance of Streptococcus pneumoniae in Jordanian pediatric carriers, 2015-2016. *International Journal of Infectious Diseases*, 53, 36.
- [33] Hariri, N. H. (2022). Seasonal influenza and its vaccine: Knowledge and attitudes of the general population in Makkah city, Saudi Arabia.

- [34] Pavlič, D. R., Maksuti, A., Podnar, B., & Kokot, M. K. (2020). Reasons for the low influenza vaccination rate among nurses in Slovenia. *Primary health care research & development*, 21, e38
- [35] Ahmed, W. S., Abu Farha, R., Halboup, A. M., Alshargabi, A., Al-Mohamadi, A., Abu-Rish, E. Y., ... & Al-Jamei, S. (2023). Knowledge, attitudes, perceptions, and practice toward seasonal influenza and its vaccine: A cross-sectional study from a country of conflict. *Frontiers in public health*, 11, 1030391.
- [36] Olatunbosun, O. D., Esterhuizen, T. M., & Wiysonge, C. S. (2017). A cross sectional survey to evaluate knowledge, attitudes and practices regarding seasonal influenza and influenza vaccination among diabetics in Pretoria, South Africa. *Vaccine*, 35(47), 6375-6386.