

# Assessment of the Knowledge and Practices of Infection Control Standard among Health Care Workers at the Primary Healthcare Level in Makkah City at Saudi Arabia 2023

Aisha Saeed Alsaadi<sup>1</sup>, Anoud Ayidh Alabbadi<sup>1</sup>, Ebtessam Abulqasem Abdulmjeed<sup>2</sup>, Samah Yousif Alhawsawi<sup>2</sup>, Randa Zaed Alansari<sup>2</sup>, Samirah Raddad Alfahmi<sup>2</sup>, Moodi Saleh Alharbi<sup>2</sup>, Alya Abdullah Alansari<sup>1</sup>, Ramziyyah Khalid H Ali<sup>2</sup>, Rahma Ali Abdu Madkhali<sup>1</sup>, Areej Abdulrazaq Gammash<sup>1</sup>, Khawlah Yahya Zakaria Mohammed<sup>3</sup>, Basem Hasan Alharthi<sup>1</sup>, Razaz Abdulrazaq Gammash<sup>1</sup>

<sup>1</sup>Laboratory Specialist, Regional Laboratory in Makkah, Saudi Arabia.

<sup>2</sup>Laboratory specialist, King Abdulaziz hospital in Makkah, Saudi Arabia.

<sup>3</sup>Laboratory specialist, Regional Laboratory and blood banks in Makkah, Saudi Arabia.

## Abstract

### Background

Despite the high prevalence of healthcare-acquired the primary healthcare infection in resource limited settings, healthcare workers' (HCWs') knowledge and practices of infection and control standard are not well-researched especially in primary health care, healthcare workers have lost their lives in significant numbers in the discharge of their duties as a result of a breach in Infection Prevention and Control (IPC) procedures. The increasing incidence of emerging and re-emerging diseases complicates this burden. Adequate IPC includes knowledge and practices of infection and control standard administrative, environmental and personal protective control measures. Healthcare workers (HCWs) have an increased risk of active and latent infection compared to the general population, despite existing guidelines on the prevention and management of infection, little is known about why HCWs who tested positive for refuse by infection.

**Aim of study:** To Assessment the knowledge and practices of infection control standard among health care workers at the primary healthcare in Makkah City at Saudi Arabia 2023.

**Methods:** This cross sectional study included (120) health care workers at the primary healthcare in Makkah City at Saudi Arabia 2023. (doctors, nurses, lab workers) from primary healthcare (PHC) centers an self-administrated questionnaire was constructed by the researcher and was used for data collection.

**Results:** the majority of participant (69.17%) have high of the Knowledge about standard precautions of infection control, followed by (29.17%) of participant average while weak were (1.67%) while Range(6-16) and Mean  $\pm$ SD(12.983+2.421), while a significant relation were P-value=0.001  $\chi^2$ 82.95.

**Conclusion:** Improving HCWs' knowledge and practices and informative clinical consultation on infection control standard, additionally, there is a need to improve infection control measures at the workplace to protect HCWs. Utilizing behavioral insights can help modify risk perception among HCWs . Policies that foster training of HCW in standard precautions and guarantee regular provision of infection control and prevention resources in health facilities are required in Saudi Arabia

**Keywords:** knowledge, practices, infection control, standard, (HCWs) primary, health care, Makkah.

## **Introduction.**

### **Background**

Infection prevention and control (IPC) is an evidence-based approach to pre-empt avoidable infections among patients and healthcare workers (HCWs) in healthcare facilities (HCFs) [1]. Healthcare workers (HCWs) have an increased risk of active and infection compared to the general population [2]. In low- and middle-income countries (LMICs) where there is high incidence, a systematic review of 26 LMICs found that the prevalence and incidence of infection among HCWs are high [3]

The WHO reported that improper environmental hygiene and waste disposal procedures, poor infrastructure, inadequate equipment and manpower, overcrowding, limited knowledge and poor practices of basic infection control measures, and lack of national guidelines are the key determinants of HAIs [4]. The Center for Disease Control and Prevention (CDC) developed Standard Precautions describing detailed procedures that need to be followed to prevent the transmission of disease-causing agents and thereby preventing HAIs [5]. The standard infection control precautions warrant a uniform protocol to be always followed for all patients in all settings [6]. The principle of this guideline is that all patients carry infectious agents even when they are asymptomatic [7]. The standard precautions include hand hygiene, use of gown, cleaning and disinfection of equipment, facial protection (e.g., masks and goggles), disposal of sharp objects, management of medical waste and coughing etiquette [8]. However, Hein and colleagues reported that adherence to hand hygiene recommendations among HCWs is below standard, with a 30% compliance rate. It was found that about 42% of Corona Virus Disease-2019 among HCWs is associated with improper personal protective equipment (PPE) use [9]. Hefty workload, prolonged clinical methods and skin status have been reported as key barriers in maintaining hand hygiene recommendations [10]

Triage, on the other hand, prioritizes care according to the severity of the illness to identify the individuals who need immediate care [11]. IPC and triage substantially contribute to preventing healthcare-acquired infections (HAIs), thereby reducing hospital-acquired morbidity and mortality [12], shortening hospital stay, and trimming healthcare-related expenditures [13]

The burden of HAIs is on the rise globally despite advancements in medical care and technologies [14]. According to the World Health Organization (WHO), the prevalence of HAIs ranges between 5.7% and 19.1% in hospital settings globally [15]. Recent studies estimated the prevalence of HAIs in Europe and the USA at 6.5% and 3.2%, respectively. The burden of HAIs is strikingly higher in low-resourced countries compared with high-income countries [16] Prevalence of HAIs is considerably higher in developing countries than in developed countries .

### **Literature review**

A WHO-led systematic review revealed that the prevalence of HAIs varies between 7.6% and 15.5% in high-income and low- and middle-income countries, respectively [17]. HAIs contribute to increased length of hospital stay, high mortality, higher health-care costs, and

economic burden on families, communities, and countries at large. Hence, prevention and control of HAIs appear as a critical public health concern [18].

Online searching for studies exploring the knowledge and practical towards standard infection control precautions among primary healthcare workers yielded relatively few studies as most studies conducted in this field were among healthcare workers in hospitals and future health care workers. In addition, relatively limited studies were carried out in Saudi Arabia .[19]

In Al-Qassim (2018), Al Ra'awji et al evaluated in a multicenter cross-sectional study among 354 HCWs the knowledge, attitudes, and practices regarding guidelines of hand hygiene. The average knowledge score was 63%. Health-care workers aged over 30 years had higher scores than those younger than 30 years. Those at tertiary care hospitals had higher scores than those at secondary hospitals. Almost all had positive attitudes toward hand hygiene as well as adhering to the guidelines regularly. This study concentrated on only hand hygiene as a component of standard precautions .[20]

In Malaysia a country with an recurrent infections, the HCWs are the risk of contracting of infections although with a lower mortality rate compared to the general population [21]. These findings indicate increased workplace exposure to infections despite existing guidelines on the prevention of infections among HCWs [22]. A study conducted in a tertiary hospital in Malaysia using infection control standard showed a prevalence of infection among HCWs, which was comparatively higher than a past study among a similar population [23].

Faith , et al.(2019) study in Nigeria about good and fair knowledge among participants was reported as 50% and 44% respectively.[24] In Ethiopia, Yakob et al. showed that all participants had acceptable knowledge about contaminated needles and sharp materials that transmit disease causative agents, while 70.4% knew that gloves and gowns were required for any contact with patients. In Brazil, Oliveria et al. identified a gap between knowledge of standard precautions and the practical applications among physicians.[25]

A systematic review of records between 1995 and 2008 in developing countries reported an HAI incidence of almost 48 per 1000 patient-days in adult intensive care units three times as high as that of the USA . Insufficient water, sanitation, and waste management systems, insufficient environmental cleaning, inadequate equipment, understaffing, overcrowding, poor knowledge of IPC measures, and the absence of proper IPC guidelines, policies, and programmers contribute to the disproportionate breakout of HAIs in resource-poor settings [26].

In Ethiopia (2019) Beyamo et al assessed the compliance of health care workers with standard precaution practices and identified its determinants in public health institutions. The study included 250 HCWs. Nearly two-thirds (65%) of them had complied with standard precaution practices. Factors significantly associated with compliance to standard precaution practices were experience of  $\leq 5$  years, training on standard precaution, having good hand hygiene and availability of (personal protective equipment's)[27]

In Al-Kharj, Alotaibi et al assessed the knowledge of as well as compliance of health care students with standard precautions. Results revealed that among surveyed 353 students, 70% had previously attended an infection control course. The knowledge and compliance with SPs levels were high. The commonest source of information self-learning while the current curriculum was the least reported one. Female students were more knowledgeable and

compliant with SPs compared to males. Student`s specialty and academic level were significantly associated with knowledge and compliance regarding SPs .[19]

### **Rationale**

Health care workers at the primary healthcare reveal poor knowledge about IPC and triage except for the personal hygiene domain; this may be the result of extensive hand-hygiene campaigns to prevent of infection transmission, the effective knowledge about standard precautions of infection control and having favorable attitude towards them as well as practicing them properly is very critical in controlling the transmission infections among HCWs. Overall, the HCWs of FWCs manifest better knowledge and practices than those of community clinics. Education and designation of HCWs are positively associated with knowledge. The HCWs of FWCs are more experienced and assume higher designations and education than those of community clinics as they have to perform more sophisticated MNCH-related procedures that warrant rigorous IPC management. The difficult challenge faced by the Saudi Ministry of Health is the healthcare services. services that are provided free of charge to all Saudi citizens, increasing awareness of health and disease . Healthcare workers, particularly nurses are at a greater risk of acquiring and transmitting infections during the course of carrying out their daily usual duties in primary healthcare facilities.

### **Aim of the study**

To Assessment of the Knowledge and practices of infection control standard among health care workers at the primary healthcare level in Makkah City at Saudi Arabia 2023.

### **Materials and methods .**

#### **Study design:**

This study is descriptive cross-sectional study

#### **Study sitting:**

The study has been carried out in the city of Makkah Al-Mokarramah Makkah PHC centers in in Makkah City at Saudi Arabia Region. There are primary health care centers belonging to Ministry of health (MOH) distributed as North and South

#### **Study population:**

MOH PHC health care professionals (n=120) distributed as follows: physicians, nurses and laboratory technicians, Dental assistant, Dentist Study duration: July 2023<sup>1</sup>st September 2023

#### **Sample size:**

Sample size was calculated using open Epi online sample size calculator at 95% confidence level with bound on error of 5% regarding standard infection control precautions max sample size required is 120 participants.

#### **Sample technique:**

Sample technique was two stage.

At first stage: simple random sampling method will be used to select primary health care centers. At second stage: all the doctors, nurses and laboratory technicians within the selected PHCCs enrolled in the study. There are total primary health care centers . Expected numbers of HWs per each center are 10. So, we need 20 centers to collect the sample size.

**Inclusion criteria:**

Primary health care workers (doctors, nurses, laboratory technicians) in PHC center male and female, Saudi and non-Saudi, all ages, those who agreed to participate in the research.

**Exclusion criteria:**

Pharmacists, dentists, dental assistant . Those who have Vacation, disabled and absent during the data collection period .

**Data collection tool and technique:**

Data were collected by self-administrated questionnaire.

**First part** of the questionnaire includes questions about Demographic data of the physicians (gender, age, nationality, job title)

**Second part** about knowledge and practice of standard precautions which including hand will be assessed covering hand hygiene obtained from WHO injection safety, and protective equipment utilization with barriers of adherence to standard infection control precaution. Score was created for the participants` responses to knowledge questions and statements, Right answers were given a score of 1 whereas wrong answers were given a score of 0. Total score and its percentage were computed. The mean of the score percentage was estimated for each of the subscales and well as the overall knowledge. Participants who scored at or above the mean score percentage for each subscale as well as for the overall were considered having “adequate knowledge” and those who scored below the mean score percentage were considered having inadequate knowledge.

**Data analysis:**

Data were entered and analyzed using Statistical Package for Social Sciences (SPSS) software, version 24. Descriptive analysis was carried out as the mean and standard deviation (SD) were calculated for quantitative variables, frequency and proportion were calculated for categorical variables.

For comparisons, chi-square and t-test was used for categorical and quantitative variables respectively. p –value  $\leq 0.05$  was considered significant for all inferential analysis.

**Ethical approval:**

- The ethical approval was taken from the Regional Research Ethics committee. A permission letter was obtained from the regional director of the city of Makkah Al-Mokarramah MOH before starting the data collection.
- A written Informed consent was obtained from each participant from commencing the data collection.
- The researcher preserved the confidentiality of the participants at all steps of the study for the data collection, analysis and result.

**Budget:** Self-funded.

**Result****Table 1** Socio-demographic characteristics of Personal characteristics of the participants (n=120)

	N	%
<b>Age</b>		
<30 years	32	26.67
30-40 years	67	55.83
40 -50years	14	11.67
>50	7	5.83
<b>Gender</b>		
Female	82	68.33
Male	38	31.67
<b>Nationality</b>		
Non-Saudi	17	14.17
Saudi	103	85.83
<b>Position</b>		
Laboratory doctor	12	10.00
Nurse lab technician	14	11.67
Lab technician	72	60.00
Lab worker	22	18.33
<b>Qualification</b>		
Diploma	8	6.67
Bachelor	78	65.00
Master	34	28.33
<b>Experience in PHC</b>		
<5 years	44	36.67
5-10 years	65	54.17
>10 years	11	9.17
<b>Marital status</b>		
Un married	49	40.83
Married	60	50.00
Divorced	6	5.00
Widowed	5	4.17
<b>Salary satisfaction</b>		
Sufficient	54	45.00
Partly Sufficient	36	30.00
Insufficient	24	20.00
Quite Insufficient	6	5.00

Table 1 shows there were 120 participants, and the majority age was (55.67%) in (30-40) years, while the age (<30) were (26.0%), the majority of them were female (68.0%) while male (31.67%), regarding the Nationality most of participants Saudi were (85.83%) while Non-Saudi were (14.17%), regarding Position the majority of participant are Lab technician

were(60.0%) followed by Lab worker were(18.33%) followed by Nurse lab technician were(11.67%), regarding the Qualification most of participants Bachelor were(65.0%) followed by Master were(28.33%), regarding the Experience in PHC the majority of participant 5-10 years were (54.17%) followed by <5 years were(36.67%), regarding Marital status the majority of participant are married were(50.0%) followed by un married were(40.83%), regarding the Salary satisfaction most of participants Sufficient were(45.0%) followed by Partly Sufficient were(30.0%).

**Table 2: Knowledge of the healthcare workers regarding infection control element of standard precautions**

Statements statements/questions	TRUE		FALSE		Chi-Square	
	N	%	N	%	X <sup>2</sup>	P-value
Dirty needle and sharp materials can transmit disease causing agents (TRUE)	94	78.33	26	21.67	38.533	<0.001*
Standard precautions should be practiced on all patients and laboratory specimen serology irrespective of diagnosis (TRUE)	79	65.83	41	34.17	12.033	<0.001*
Sharps should never be recapped (TRUE)	80	66.67	40	33.33	13.333	<0.001*
Needles should be bent or broken after use (FALSE)	26	21.67	94	78.33	38.533	<0.001*
When you have a patient who vomited in dressing room or clinic, the first step in infection control procedure is to isolate infected area (TRUE)	85	70.83	35	29.17	20.833	<0.001*
Sharp containers are utilized for used injection needles (TRUE)	83	69.17	37	30.83	17.633	<0.001*
Hepatitis B causing agent can be transmitted with dirty needles and sharps (TRUE)	86	71.67	34	28.33	22.533	<0.001*
Hepatitis C causing agent can be transmitted with dirty needles and sharps (TRUE)	97	80.83	23	19.17	45.633	<0.001*
HIV/AIDS causing agent can be transmitted with dirty needles and sharps (TRUE)	88	73.33	32	26.67	26.133	<0.001*
Tetanus (Clostridium tetani) causing agent can be transmitted with dirty needles and sharps (TRUE)	91	75.83	29	24.17	32.033	<0.001*
Malaria causing agent (Plasmodium spp) can be transmitted with dirty needles and sharps (FALSE)	32	26.67	88	73.33	26.133	<0.001*
Tuberculosis causing agent (M. tuberculosis) can be transmitted with dirty needles and sharps (FALSE)	47	39.17	73	60.83	5.633	0.018*

Type of isolation with pulmonary tuberculosis is airborne precaution (TRUE)	89	74.17	31	25.83	28.033	<0.001*
There is treatment for MERS-CoV (coronavirus) (FALSE)	23	19.17	97	80.83	45.633	<0.001*
The best disinfecting material to clean exposed skin after contamination is soap (TRUE)	95	79.17	25	20.83	40.833	<0.001*
The appropriate immediate action after pricking finger by I.V. line needle is dressing wound and inform infection control supervisor(TRUE)	79	65.83	41	34.17	12.033	<0.001*

Table 2 shows the knowledge of the participants about infection control regarding (the Dirty needle and sharp materials can transmit disease causing agents, Standard precautions should be practiced on all patients and laboratory specimen serology irrespective of diagnosis, Sharps should never be recapped) the majority of participant have true information respectively ( 78.33%, 65.83%, 66.67%) while is a significant relation were P-value=0.001  $X^2$  respectively (38.533, 12.033, 13.333).

Regarding the When you have a patient who vomited in dressing room or clinic, the first step in infection control procedure is to isolate infected area, Sharp containers are utilized for used injection needles , Hepatitis B causing agent can be transmitted with dirty needles and sharps. Hepatitis C causing agent can be transmitted with dirty needles and sharps. HIV/AIDS causing agent can be transmitted with dirty needles and sharps. Tetanus (Clostridium tetani) causing agent can be transmitted with dirty needles and sharps the majority of participant have true information respectively (70.83% ,69.17%, 71.67% , 80.83%, 73.33%, 75.83%) while is a significant relation were P-value=0.001  $X^2$  respectively (20.833,17.633,22.5233,45.633, 26.133, 32.033).

Regarding the Type of isolation with pulmonary tuberculosis is airborne precaution , The best disinfecting material to clean exposed skin after contamination is soap , The appropriate immediate action after pricking finger by I.V. line needle is dressing wound and inform infection control supervisor the majority of participant have true information respectively (74.17%, 19.17%, 79.17, 65.83%) while is a significant relation were P-value=0.001  $X^2$  respectively (25.033, 45.633,40.833, 12.033).

Regarding the Needles should be bent or broken after use, The best disinfecting material to clean exposed skin after contamination is soap , Malaria causing agent (Plasmodium spp) can be transmitted with dirty needles and sharps, Tuberculosis causing agent (M. tuberculosis) can be transmitted with dirty needles and sharps the majority of participant have false information respectively (78.33%,73.33%, 60.83%, 80.83) while is a significant relation were P-value=0.001  $X^2$  respectively (38.533, 26.133,5.633, 28.033, 45.633)



**Table 3: Practice of the healthcare workers regarding infection control element of standard precautions**

practice statements/questions		
	N	%
<b>How often you wash your hands with proper detergent after contact with patient</b>		
Always	103	87
Sometimes	12	10
Never	5	3
<b>Do you use antiseptic hand rub to clean hands?</b>		
Yes	110	92
No	10	8
<b>How often do you use all personal protective equipment's as per standard to prevent infection?</b>		
Always	80	67
Sometimes	40	33
<b>When do you change chlorine solutions that used for instrumental Processing?</b>		
Every 24 h	82	66.7
After 2 days	38	33.3
<b>How often do you use glove when you perform procedures that need wearing glove?</b>		
Always	117	98
Sometimes`	3	2
<b>Have you ever exposed to blood or other body fluids of patients through contact or unprotected skin?</b>		
Yes	55	46
No	65	54
<b>What measure did you take if you are exposed to blood or fluids, needle stick injury?</b>		
Only taking Post exposure prophylaxis	1	1
Only clean by alcohol	12	10
Only washing with water	4	3.5
Taking Post exposure prophylaxis and clean by alcohol	8	6.8
Taking post exposure prophylaxis and washing with water	20	17
Clean by alcohol and washing with water	16	13
All action taken	39	48.7
<b>Did you practice high-level disinfection where sterilization is not applicable?</b>		
Yes	44	37
No	76	63
<b>What is your facility sterilization technique</b>		
Boiling	28	23
Steam sterilization	92	77

Table 3 show practice of the healthcare workers regarding infection control element of standard precautions regarding the How often you wash your hands with proper detergent

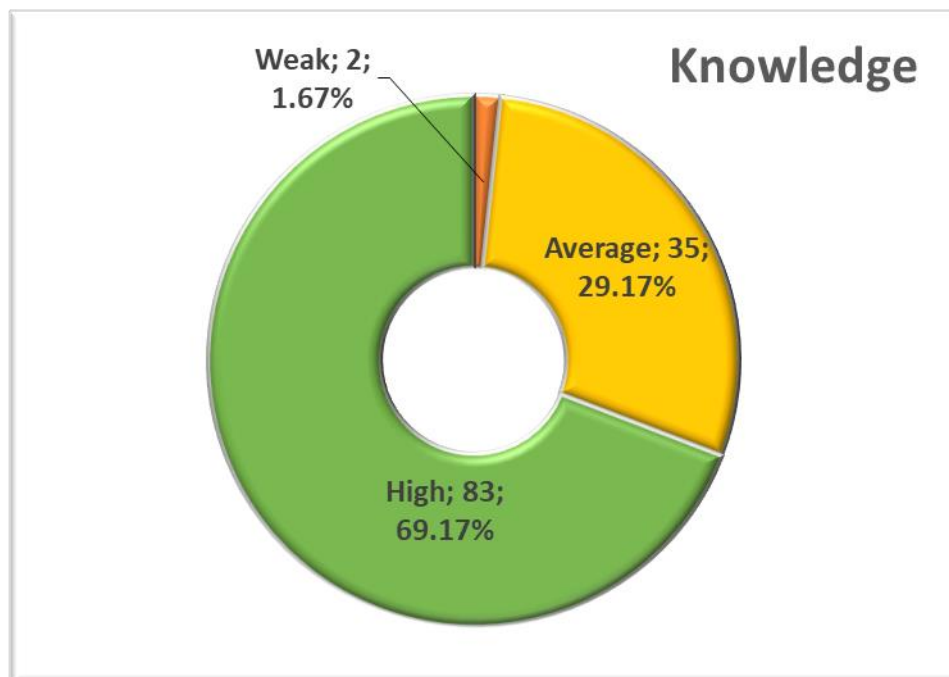
after contact with patient the majority of the participants answer always were(87.0%), while sometimes were (10.0%) but never were (3.0%) ,regarding the you use antiseptic hand rub to clean hands the majority of the participants answer Yes were(92.0%). While No were (8.0%) , regarding the How often you wash your hands with proper detergent after contact with patient the majority of the participants answer always were(67.0%), while sometimes were (33.0%), regarding the you change chlorine solutions that used for instrumental Processing the majority of the participants answer every 24 h were(66.7%). while after 2 days were (33.3%), regarding the How often do you use glove when you perform procedures that need wearing glove the majority of the participants answer always were(98.0%), while sometimes were (2.0%), regarding the you ever exposed to blood or other body fluids of patients through contact or unprotected skin the majority of the participants answer No were(54.0%). While Yes were (46.0%) , regarding the measure did you take if you are exposed to blood or fluids, needle stick injury the majority of the participants answer all action taken were(48.7%), while taking post exposure prophylaxis and washing with water were (17.0%), but clean by alcohol and washing with water were (13.%), regarding you practice high-level disinfection where sterilization is not applicable the majority of the participants answer No were(63.0%). while Yes were (37.0%) , regarding What is your facility sterilization technique the majority of the participants answer Steam sterilization were(77.0%). while boiling were (37.0%)

**Table 4: Distribution of knowledge of the healthcare workers about standard precautions of infection control**

Knowledge			Chi-square	
	N	%	X <sup>2</sup>	P-value
Weak	2	1.67	82.95	<0.001*
Average	35	29.17		
High	83	69.17		
Total	120	100.00		
Range	6-16.			
Mean±SD	12.983±2.421			

This table 4 shows the majority of participant (69.17%) have high of the Knowledge about standard precautions of infection control, followed by (29.17%) of participant average while weak were (1.67%) while Range(6-16) and Mean ±SD(12.983±2.421), while a significant relation were P-value=0.001 X<sup>2</sup>82.95

**Figure (1): Distribution of knowledge the healthcare workers about standard precautions of infection control**

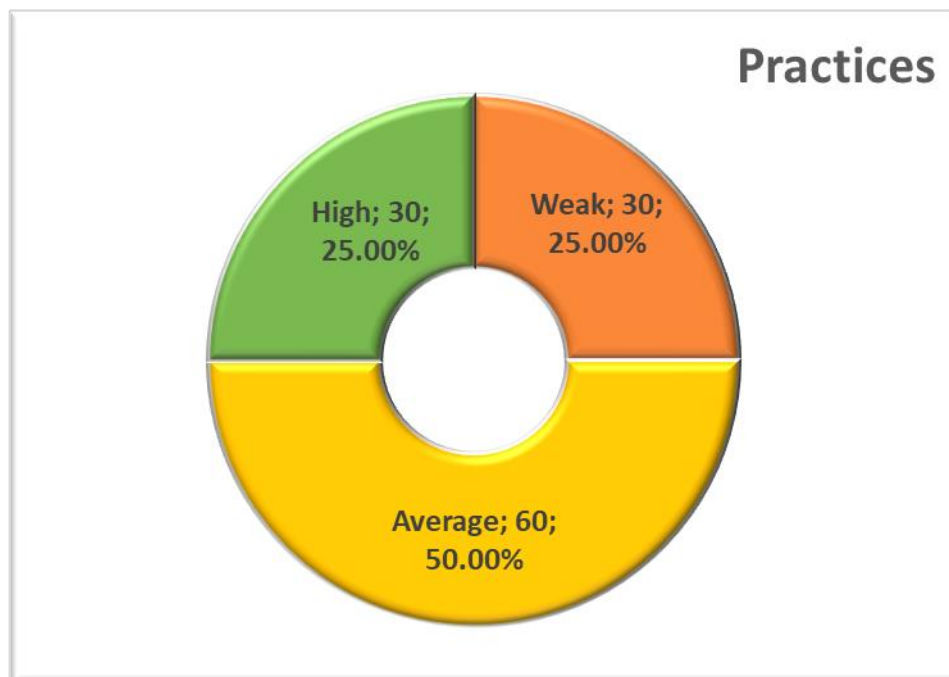


**Table 5: Distribution of practice of the healthcare workers about standard precautions of infection control**

Practices			Chi-square	
	N	%	X <sup>2</sup>	P-value
Weak	30	25.00	15	0.0006*
Average	60	50.00		
High	30	25.00		
Total	120	100.00		
Range	2-14.			
Mean±SD	8.342+3.014			

Table 5 shows the practice of the healthcare workers about standard precautions of infection control regarding the practice the majority of participant (50.0%) have average of the practice about standard precautions of infection control, followed by (25.0%) of participant high and weak were(25.5)while Range(2-14) and Mean ±SD(8.342+3.014), while a significant relation were P-value=0.0006 X<sup>2</sup> 15.00

**Figure (2): Distribution of practice of the healthcare workers about standard precautions of infection control**

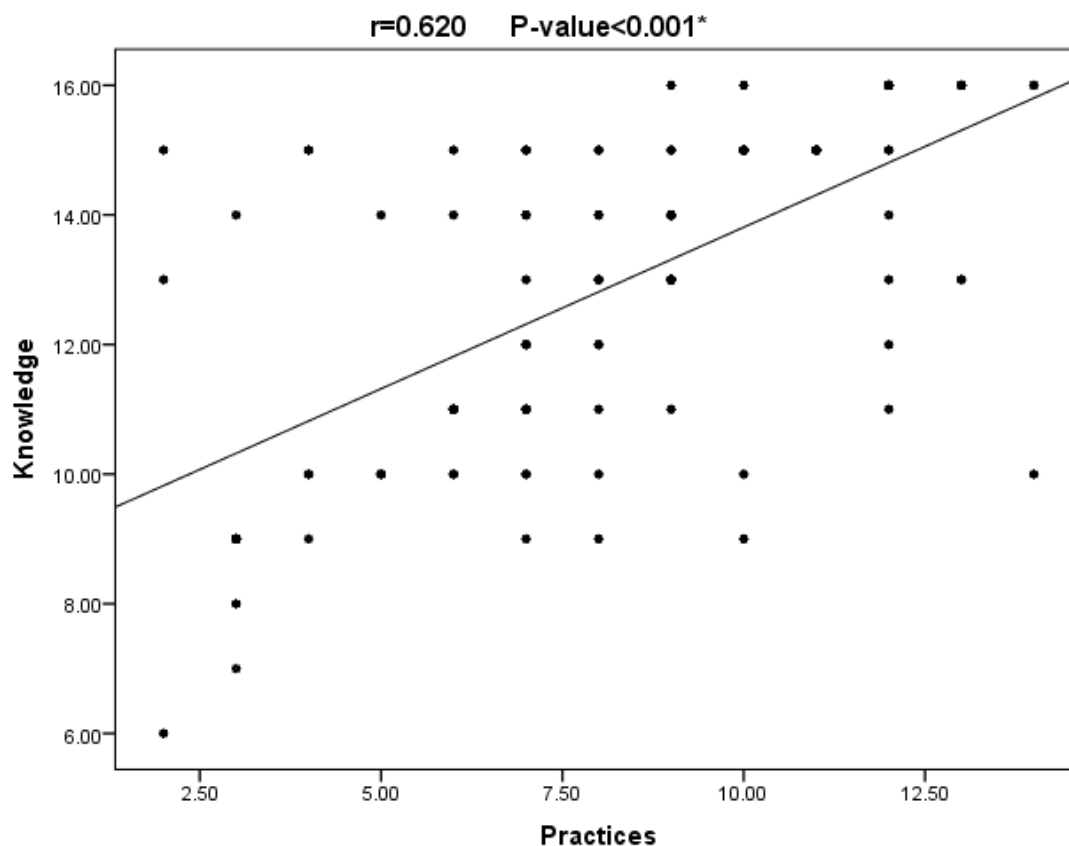


**Table (5) Distribution of the Correlation between Knowledge and Practices**

Correlation between Knowledge and Practices	
<b>r</b>	0.62
<b>P-value</b>	0.001*

Table 5 show the correlation between Knowledge and Practices while r were 0.62 but a significant relation were P-value=0.001

**Figure (3): Distribution of the Correlation between Knowledge and Practices**



### Discussion

We conducted this study in 120 health care workers the in Makkah City at Saudi Arabia 2023, to Assessment of the knowledge and practices of infection control standard among health care workers at the primary health care level in Makkah City at Saudi Arabia, we surveyed 120 HCWs in the primary health care, the knowledge of standard precautions by healthcare workers is an essential step in starting and implementing a successful infection control program in any healthcare facility.[28]

regardin the Socio-demographic characteristics shows there were 120 participants, and the majority age was(55.67%) in (30-40)years, majority of them were female (68.0%), nationality most of participants Saudi were(85.83%) , regarding Position the majority of participant are Lab technician were(60.0%), regarding the Qualification most of participants Bachelor were(65.0%), marital status the majority of participant are married were(50.0%) , the Salary satisfaction most of participants Sufficient were(45.0%) (See Table1). Worldwide, many studies have shown that healthcare workers expressed variable levels of knowledge regarding standard precautions of infection control, with relatively limited studies have been carried out in the Kingdom of Saudi Arabia.[29]

Also showed that most of participants had high knowledge regarding infection control but the most of participant average practices, In Makkah, the level of satisfactory knowledge and average practice of studied HCWs toward infection had improved after an interventional education program . So, we believe that adequate and well prepared training programs are

essential in improving knowledge regarding standard precautions of infection control[29] (see Table 4) shows shows the majority of participant (69.17%) have high of the Knowledge about standard precautions of infection control, followed by (29.17%) of participant average while weak were (1.67%) while Range(6-16) and Mean  $\pm$ SD(12.983+2.421), while a significant relation were P-value=0.001 X282.95. while regarding practice of the healthcare workers about standard precautions of infection control shows the practice of the healthcare workers about standard precautions of infection control regarding the practice the majority of participant (50.0%) have average of the practice about standard precautions of infection control, followed by (25.0%) of participant high and weak were(25.5)while Range(2-14) and Mean  $\pm$ SD (8.342+3.014), while a significant relation were P-value=0.0006 X2 15.00(see Table 5 and figure 2)

Compared to previous study that was conducted among Nigerian Health care providers, s, the current knowledge status of participants was lower than that (92–97%).[30] In another study from Nigeria good and fair knowledge among participants was reported as 50% and 44% respectively.[27] In Ethiopia, Yakob et al. showed that all participants had acceptable knowledge about contaminated needles and sharp materials that transmit disease causative agents, while 70.4% knew that gloves and gowns were required for any contact with patients.[23] In Brazil, Oliveria et al. identified a gap between knowledge of standard precautions and the practical applications among physicians.[25] regarding the Correlation between Knowledge and Practices show the correlation between Knowledge and Practices while r were 0.62 but a significant relation were P-value=0.001(see Table 5 and figure 3)

In Al-Qassim, health-care workers aged over 30 years and those at tertiary care hospitals were more knowledgeable than younger physicians and those working in secondary care hospitals.[20] In Makkah, older age, previous training, and experience were positively correlated with higher scores of knowledge among HCWs.[19] In Ethiopia (2018), factors significantly associated with compliance to standard precaution practices among HCWs were experience of  $\leq$ 5 years, training on standard precaution, having good hand hygiene and availability of (personal protective equipment. In another study carried out also in Nigeria, non-availability of the materials was the main factor reported for non-adherence to SPs.[31]

## Conclusion

A health care worker has a good attitude to standard precautions but in depth knowledge and compliance is very poor. Hand hygiene, use of personal protective equipment and needle safety need to be re-emphasized. The post exposure prophylaxis policy of the health facility needs to be widely of the infection control standard disseminated to the HCWs of the trauma triage centre for better reporting about the infection control standard. There is also the need to effectively put in place in a primary healthcare process that ensures ready availability of infection control standard, the trauma triage centre. Besides, enhancement of the existing training on standard precautions for the trauma triage staff could reinforce the need to comply with standard guidelines however hard-pressed for time. Additionally, establishment of an effective occupational health cell incorporating all these elements including periodic surveillance could be the way forward. Future research could evaluate the efficacy of such an initiative in dealing with standard precautions and compliance.

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